Today We Learned That We Can Keep Our Teeth Safe

Today your child learned about how to keep teeth safe from injury. They learned that when a tooth is injured it could:

- Get bumped and be sore or bleed
- Break off
- Get knocked out
- Be pushed into their gums

Tooth injury can happen anywhere. Here are some of the places they can happen:

- At home
- At grandmother’s and grandfather’s home
- At the baby-sitter’s home
- At a friend’s home
- At school
- On the playground
- In a car, truck, van, or bus
- On a bicycle, a scooter, or other ride-on toys
Injuries to teeth are common, especially among young children. Almost one-third of 5-year-olds have injured their primary teeth.

Most injuries happen from falls. Often, injuries happen from tripping over things left on the ground, being pushed or shoved by another child, jumping on furniture, or running with something in the mouth.

Did You Know?