Mama Kanga and Baby Joey Eat Smart
Mamma Kanga wants to keep Baby Joey healthy by eating smart. She says it’s as easy as A B C.

Apple

Bananas
Cucumber

Dragon Fruit
It grows in Mexico and China.

Mama Kangaroo feeds me good food so I stay healthy.
Ice Cream
It’s a sometimes food.

Juice
Orange is best. But not too much.

What’s your favorite healthy food?
Kale
Lentils
Milk
Noodles
Queso
It’s a Spanish word for cheese.
I like healthy food. Do you?
Vieiras
It’s a Spanish word for scallops.

Uglifruit

Water
Xigua
It’s a Chinese word for watermelon.

Yogurt

Zucchini
Healthy food is yummy!