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Child Maltreatment

Welcome to Resources to Make You Smile! This monthly newsletter features information and tools Head Start® staff can use to help families promote good oral health. These tips help Head Start staff support families, pregnant people, and children. The newsletter also includes a recipe for a healthy snack that children can make in a Head Start classroom or at home with their families.

Oral Health Signs of Child Maltreatment



Child maltreatment includes all types of abuse and neglect of a child under age 18 by a parent, caretaker, or guardian. When children are maltreated, their health and well-being are affected. Often, children who are maltreated experience behavioral and psychological changes.

As [mandated reporters](#) of child abuse, Head Start staff play an important role in helping prevent and identify child maltreatment. We build on family strengths, support families under stress, and protect at-risk children. Staff are often early identifiers of child maltreatment.

Resources for Head Start Staff

[Identifying Oral Health Signs of Child Maltreatment](#)

Learn about the oral health signs of child maltreatment, specifically as they relate to physical and sexual abuse. Find resources for working with families to help prevent child maltreatment, recognize oral health signs of child maltreatment, and understand the requirements for reporting suspected child maltreatment to state child protection agencies. This tip sheet is part of the [Brush Up on Oral Health](#) series.

[Lookout for Child Abuse: A Mandated Reporter Training for Head Start Staff](#)

View this webinar to learn how to protect vulnerable children and support families at risk for child abuse or neglect by recognizing the signs and symptoms of suspected abuse or neglect, understanding the responsibilities of a mandated reporter, and supporting families when filing a mandated report.

[Oral and Dental Aspects of Child Abuse and Neglect](#)

Read this report by the American Academy of Pediatric Dentistry to discover what oral health professionals may see during an oral exam that would make them suspect child abuse or neglect.

Cook's Corner Recipe: Deviled Eggs

Ingredients

6 hardboiled eggs, peeled, and sliced in half lengthwise
¼ cup low-fat mayonnaise
1 teaspoon white vinegar
1 teaspoon yellow mustard
1/8 teaspoon salt
1/8 teaspoon black pepper
1 teaspoon paprika, for garnish (optional)

Directions

1. Scoop out the egg yolk and place in a bowl.
2. Place the egg white halves on a plate or platter.
3. Use a fork to mash the egg yolks into a fine crumble.
4. Add the mayonnaise, vinegar, mustard, salt, and pepper, and mix well.
5. Fill the egg white halves with a teaspoon of the egg yolk mixture.
6. Sprinkle each filled egg white with the paprika (optional).



Makes 12 servings

Safety tip: To prevent injuries, an adult should slice ingredients.

Stay Connected

Join [MyPeers](#) to connect with Head Start and early childhood colleagues around the country on this and other topics. Members of the **Health, Safety, and Wellness** community are currently networking, sharing, and learning from each other. Find it under "All Communities" and select the blue "Join" button.

Please share this issue with others who may be interested. Find past issues of [Resources to Make You Smile!](#) on the Early Childhood Learning and Knowledge Center (ECLKC).

Did someone forward you this newsletter? [Subscribe](#) to stay up to date!

We Want to Hear from You!

Send your questions or comments to the National Center on Health, Behavioral Health, and Safety at health@ecetta.info or (toll-free) 888-227-5125.

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