

Promoting Oral Health in Schools

A Resource Guide

Fifth Edition



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Cite as

Barzel R, Holt K (eds). 2023. *Promoting Oral Health in Schools: A Resource Guide* (5th ed.). Washington, DC: National Maternal and Child Oral Health Resource Center.

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This publication was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an annual award totaling \$1,321,950 with no funding from nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, or endorsement by, HRSA, HHS, or the U.S. government. For more information, please visit www.HRSA.gov.

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25 years serving the MCH community

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Introduction



Schools are ideal settings in which to reach children and adolescents and, through these children and adolescents, their families. During childhood and adolescence, oral health behaviors develop, along with attitudes and beliefs. Children and adolescents are receptive to new information, and the earlier healthy oral habits are established, the greater their impact. Messages about good oral health can be reinforced regularly throughout the school years. Encouraging children and adolescents to adopt healthy oral health habits equips them with skills enabling them to make healthy decisions to promote oral health throughout their lives.

Schools can provide supportive environments for promoting oral health. A safe physical environment in the classroom, in the playground or field, and throughout the school environment can help reduce the risk of oral trauma. If appropriate policies and practices are in place, necessary action can be taken in case of a dental emergency. School policies and practices to ensure that healthy foods are offered for school meals, in vending machines, and for school events promote healthy eating behaviors. School personnel can target health-promotion activities to homes and communities. Students can pass health-promotion messages on to family members. And schools can take the lead in integrating oral health into their general health curricula.

In addition, schools may be a place for children and adolescents, especially those at high risk for oral disease and from vulnerable and underserved population groups, to access care via school-based or school-linked services. School oral health programs provide a range of services, including education and counseling, screenings and risk assessment, dental sealant application, fluoride varnish application, case management, and restorative treatment. Advantages of school oral health programs include improvement in access to care, timelier care for children and adolescents with unmet treatment needs than they would otherwise receive, positive peer modeling, elimination of barriers to accessing care at a dental office or clinic (e.g., lack of transportation, need for parents to take time off from work), and fewer missed school days for dental appointments.¹

Reference

1. National Institute of Dental and Craniofacial Research. 2021. *Oral Health in America: Advances and Challenges*. Bethesda, MD: National Institute of Dental and Cranio-facial Research.

About This Guide

The National Maternal and Child Oral Health Resource Center (OHRC) developed this publication, *Promoting Oral Health in Schools: A Resource Guide* (5th ed.), to provide information for health professionals, program administrators, educators, and others about oral health in schools.

The resource guide is divided into two sections. The first section describes materials, such as briefs, fact sheets, guidelines, manuals, papers, reports, and videos published from 2020 through 2023 that reflect current science and practice as well as seminal (i.e., very important or influential) materials published before 2020. The second section lists federal agencies, national professional associations, resource centers, and national coalitions that may serve as resources.

In the materials section, each resource includes an icon to help readers quickly identify materials. The key to the categories appears on the right.

For further information, we encourage you to contact the organizations listed in the second section of the resource guide. Your state and local departments of health, state and local oral-health-related associations and societies, state or local oral health coalitions, and university-based libraries are additional sources of information. OHRC will update the resource guide periodically, and we would appreciate hearing from you if you know of any relevant resources that are not included in this edition.

	Assessment (questionnaire, readiness assessment, survey)
	Book
	Brief, paper, or report
	Curriculum (course, training)
	Guide or guidelines (pocket guide, practice guidance manual, resource guide, training guide, user guide)
	Infographic or poster
	Tool (brochure, checklist, flipbook, flipchart, form, handout, tip sheet, toolkit)
	Video

Acknowledgments



We are grateful to the following National Maternal and Child Oral Health Resource Center staff members: Katy Battani, Sarah Kolo, and Susan Lorenzo, and to the following Association of State and Territorial Dental Directors' School and Adolescent Oral Health Committee members: Deborah Teixeira and Debra Trybom, for assistance in the development of the guide. We would like to thank those who submitted items for inclusion in the guide.



Materials

Materials

Data and Surveillance



Evaluation Data from North Dakota's School-Based Sealant Program Demonstrate Oral Health Concerns for Children Who Are American Indian and Alaska Native

This fact sheet provides information about the oral health status of children who are American Indian/Alaska Native (AIAN) in North Dakota during the 2021–2022 school year. The information is based on data from an evaluation of the state's school-based dental sealant program. The fact sheet presents data showing that children who are AIAN had more untreated decay and more treatment needs than their non-AIAN peers.

University of North Dakota School of Medicine and Health Sciences. 2022. *Evaluation Data from North Dakota's School-Based Sealant Program Demonstrate Oral Health Concerns for Children Who Are American Indian and Alaska Native*. Grand Forks, ND: University of North Dakota School of Medicine and Health Sciences. 1 p.



The Oral Health of Missouri's Third Grade Children Compared to the General U.S. Population

This brief provides information from a statewide oral health survey of students in third grade attending Missouri's public schools conducted to assess the oral health status of students in third grade in Missouri compared with their counterparts nationwide. Topics include prevalence of decay experience and untreated decay, prevalence of dental sealants, oral health disparities, and data sources and methods.

Missouri Department of Health and Senior Services. 2019. *The Oral Health of Missouri's Third Grade Children Compared to the General U.S. Population*. Jefferson City, MO: Missouri Department of Health and Senior Services. 5 pp.



Evaluation of SEAL!ND: School Year 2019–2020

This report provides information about an evaluation of the North Dakota Department of Health, Oral Health Program's school-based dental sealant program, SEAL!ND, which has been providing oral health screenings, dental sealant and fluoride varnish applications, education, and referrals for students throughout North Dakota since 2012. The report covers the following topics: evaluation; clinical reach and dental referrals; participating school personnel perceptions of SEAL!ND; and the reach of the related program, Ronald McDonald Care Mobile in partnership with Bridging the Dental Gap, which offers access to oral health care at additional schools in the state.

Schroeder S. 2020. *Evaluation of SEAL!ND: School Year 2019–2020*. Grand Forks, ND: University of North Dakota, Center for Rural Health; Bismarck, ND: North Dakota Department of Health, Oral Health Program. 49 pp.

Policy



Healthy School Meals for All: A Toolkit for Advocates

This toolkit provides information and resources to help advocates improve the quality of school meals. It discusses the history of school meals; the Healthy, Hunger-Free Kids Act of 2010; and lawsuits related to the U.S. Department of Agriculture rule that changed standards related to sodium, whole grains, and flavored milk in school meals. Also discussed is the Center for Science in the Public Interest's vision for school meals. Fact sheets on key priorities are included, along with information about state and local model legislation and policy, messaging guidance, and sample communication materials.

Center for Science in the Public Interest. 2022. *Healthy School Meals for All: A Toolkit for Advocates*. Washington, DC: Center for Science in the Public Interest. 19 pp.



Ohio's State Oral Health Plan 2021–2022: Goal—Ohio Policymakers Make Informed Oral Health Policy Decisions

This infographic provides information about Ohio's 2021–2022 state oral health plan goal to ensure that policymakers in the state make informed oral health policy decisions. It discusses three policy opportunities: increasing the state budget for expanding school-based dental sealant programs, strengthening Ohio's safety net oral health system in the state budget, and preserving dentistry in telehealth services that Medicaid authorized during the COVID-19 pandemic to promote access to oral health care.

Oral Health Ohio. 2021. *Ohio's State Oral Health Plan 2021–2022: Goal—Ohio Policymakers Make Informed Oral Health Policy Decisions*. Cincinnati, OH: Oral Health Ohio. 1 p.



Pennsylvania School Health Procedures: School Dental Health Program

These guidelines are intended to help school administrators, dentists, dental hygienists, and nurses implement individual school-based oral health programs that are part of Pennsylvania's overarching school oral

health program. The guidelines provide directions for staffing, documenting, and evaluating programs. Topics include Pennsylvania's overarching program; school-based oral health programs; the mandated school-based oral health program, which represents the minimum oral health services that students in specified grades must receive; dental hygiene care programs; oral emergencies; fluoride guidelines; and referrals and follow-up.

Pennsylvania Department of Health. 2023. *Pennsylvania School Health Procedures: School Dental Health Program*. Harrisburg, PA: Pennsylvania Department of Health. 52 pp.



Policy Frameworks Supporting School-Based Dental Sealant Programs and Their Application in Minnesota

This brief identifies laws and policies that could encourage consideration, adoption, and implementation of state-level school-based dental sealant programs. The brief highlights the state of the laws and policies in Minnesota. Topics include considerations for forming partnerships between schools and oral health professionals, overcoming policy barriers, and statewide coordination.

Bauerly BC. 2019. *Policy Frameworks Supporting School-Based Dental Sealant Programs and Their Application in Minnesota*. St. Paul, MN: Network for Public Health Law. 13 pp.



State Dental Screening Laws for Children: Examining the Trend and Impact—An Update to the 2008 Report

This report focuses on whether state laws on oral health screening of school-age children have expanded and whether they have resulted in improved access to care and reduced oral disease. The report presents background information and methods. It also presents results in the following areas: state laws, major

findings from key informants, key findings from program data, and the impact of state oral health screening laws.

Fleming E. 2019. *State Dental Screening Laws for Children: Examining the Trend and Impact—An Update to the 2008 Report*. Washington, DC: Children's Dental Health Project. 17 pp.



State of Rhode Island School Dental Screening Form

This form was developed for health professionals working in school-based centers in Rhode Island to use for providing information to parents. The form includes space to insert the student's name, school, grade, and classroom; findings; and treatment recommendations.

Rhode Island Department of Health. N.d. *State of Rhode Island School Dental Screening Form*. Providence, RI: Rhode Island Department of Health. 1 p.



A Ten-Year Roadmap for Healthy Schools: Exploring Opportunities to Achieve Transformational Change

This roadmap aims to inspire communities to continue the work begun during the COVID-19 pandemic on building systems that effectively serve children and educators. It identifies 10 priorities for the next 10 years. Selected priorities include developing shared goals; instituting equitable funding models; bolstering the quality of services and systems; improving data regulation, collection, transparency, privacy, and interoperability; addressing workforce shortages; and enhancing the ability of community-based organizations to identify and mobilize people and communities around issues related to healthy schools.

National Healthy Schools Collaborative. 2022. *A Ten-Year Roadmap for Healthy Schools: Exploring Opportunities to Achieve Transformational Change*. N.p.: National Healthy Schools Collaborative. 25 pp.



When Regulations Block Access to Oral Health Care, Children at Risk Suffer: The School Dental Sealant Program Dilemma

This brief describes a range of state-based regulations or policies that limit or prohibit dental hygienists from applying dental sealants to children's teeth at school or create financial burdens related to expanding school dental sealant programs. Barriers discussed include dental practice act barriers (prior exam rules, employment requirements, and procedures allowed under general supervision) and Medicaid policy barriers (Medicaid reimbursement rate, reimbursement of services based on location, and not allowing hygienists to bill Medicaid directly).

Pew Charitable Trusts. 2018. *When Regulations Block Access to Oral Health Care, Children at Risk Suffer: The School Dental Sealant Program Dilemma*. Philadelphia, PA: Pew Charitable Trusts. 12 pp.

Professional Education, Tools, and Training



Adventures in the Molar System: Oral Health Education Program for Grades K–1 Teacher’s Guide

This guide presents activity-based oral health lessons and resources for kindergarten and first-grade classroom teachers. The lessons are designed to be integrated into curricula. Each lesson includes a summary, a learning goal, guidelines for how to prepare the lesson, and ideas for how students can share what they learned with their families. Resources such as a video, storybook, and wall chart are included.

Colgate Bright Smiles, Bright Futures. 2020. *Adventures in the Molar System: Oral Health Education Program for Grades K–1 Teacher’s Guide*. New York, NY: Colgate-Palmolive Company. 16 pp.



Best Practice Approach: School-Based Dental Sealant Programs (upd. ed.)

This report offers information about school dental sealant programs, including school-based, school-linked, and hybrid programs. It includes background information; a rationale for sealant programs; guidelines, recommendations, and evidence reviews to support the establishment of school-based programs; considerations to take into account when implementing school-based programs; and state practice examples illustrating strategies and interventions for school-based programs. [Funded by the Maternal and Child Health Bureau]

Association of State and Territorial Dental Directors. 2022. *Best Practice Approach: School-Based Dental Sealant Programs* (upd. ed.). Reno, NV: Association of State and Territorial Dental Directors; Washington, DC: National Maternal and Child Oral Health Resource Center. 27 pp.



Best Practice Approach Report: Use of Fluoride in Schools

This report focuses on best practices for the use of fluoride in schools. It discusses fluoride as a measure to prevent tooth decay in children, different types of programs that provide fluoride to children, and different forms of fluoride. Evidence for the efficacy

of fluoride in preventing tooth decay, as well as best-practice criteria, are provided. The report also includes state practice examples.

Association of State and Territorial Dental Directors. 2018. *Best Practice Approach Report: Use of Fluoride in Schools*. Reno, NV: Association of State and Territorial Dental Directors. 24 pp.



CATCH Healthy Smiles: An Oral Health Education Program for Grades K–2

This program for students in grades K–2 is designed to improve students’ oral health by helping them learn about the causes of tooth decay, how to choose healthy foods and beverages, and the importance of regular dental visits. It also helps them develop brushing and flossing skills. How to develop personal oral health care goals is discussed.

CATCH: Coordinated Approach to Child Health. 2023. *CATCH Healthy Smiles: An Oral Health Education Program for Grades K–2*. Austin, TX: Catch Global Foundation. 1 v.



Delivering Services in School-Based Settings: A Comprehensive Guide to Medicaid Services and Administrative Claiming

This guide provides direction to state Medicaid agencies and local educational agencies (LEAs) that deliver school-based services to allow LEAs to obtain full payment for services to increase access to care for students enrolled in Medicaid and the Children’s Health Insurance Program (CHIP). It discusses the scope and delivery of Medicaid services in schools; CHIP and school-based services; and requirements for billing, claiming, and accounting for school-based medical services and administrative costs. It includes strategies, tools, and best practices in administering these services.

Centers for Medicare & Medicaid Services. 2023. *Delivering Services in School-Based Settings: A Comprehensive Guide to Medicaid Services and Administrative Claiming*. Baltimore, MD: Centers for Medicare & Medicaid Services. 183 pp.



Dental Sealant Permission Slip— Template

This template can be used to develop a permission slip to obtain consent from parents for their child to receive dental sealants as well as other related preventive oral health services from a school-based dental sealant program. The template can be customized with the program name and other information. Space to provide additional information that parents would like the program to know is included. The permission slip template is available in Arabic, Burmese, English, Hmong, and Spanish.

Children's Health Alliance of Wisconsin. 2022. *Dental Sealant Permission Slip—Template*. Milwaukee, WI: Children's Health Alliance of Wisconsin. 5 pp.



Dental Sealants: A Resource Guide (5th ed.)

This guide provides an overview of the use and application of dental sealants. The first section features descriptions of and links to materials on policy, professional education, tools, training, public education, and state and local programs. The second section lists federal agencies, national professional associations, and resource centers that may serve as resources. [Funded by the Maternal and Child Health Bureau]

National Maternal and Child Oral Health Resource Center. 2021. *Dental Sealants: A Resource Guide* (5th ed.). Washington, DC: National Maternal and Child Oral Health Resource Center. 19 pp.



Fluoride Varnish and Silver Diamine Fluoride: A Resource Guide

This guide is designed to help health professionals, program administrators, educators, and others understand the benefits and drawbacks of fluoride varnish and silver diamine fluoride. The guide provides an annotated list of resources on the use and application of fluoride varnish and silver diamine fluoride, including materials on data and surveillance, professional education and training, and public education. Descriptions of and contact information for relevant organizations are included. [Funded by the Maternal and Child Health Bureau]

Barzel R, Holt K, eds. 2020. *Fluoride Varnish and Silver Diamine Fluoride: A Resource Guide*. Washington, DC: National Maternal and Child Oral Health Resource Center. 15 pp.



Future Smiles: Data Collection Form

This form is intended for use in implementing a school-based oral hygiene program to provide preventive oral health services (screenings, cleanings, fluoride varnish applications, dental sealant application, and education) for children from families with low incomes in Nevada. The form includes space for a health professional to fill in a student's name and other information as well as for information about screenings the student has received, the student's oral health status, care needed, and care received. Also included is space to record information about dental sealants in the student's mouth, whether the student has received fluoride treatment, and whether the student needs restorative treatment.

Future Smiles. 2019. *Future Smiles: Data Collection Form*. Las Vegas, NV: Future Smiles. 1 p.



A Guide to Smart Snacks in School

This report provides information for schools about U.S. Department of Agriculture Smart Snacks in School standards and how to comply with them. The report explains what Smart Snacks are and why they are important, which foods and beverage meet the standards for snacks, and how schools can tell if they are complying with the standards for snacks. Other selected topics include foods and beverages that are exemptions to certain nutrient requirements and how the standards affect school fundraisers.

U.S. Food and Nutrition Service. 2022. *A Guide to Smart Snacks in School*. Alexandria, VA: U.S. Food and Nutrition Service. 16 pp.



Improving Oral Health Outcomes by Integrating Medical and Dental Care

This toolkit is intended for medical practices (community health centers, clinics, school-based health centers, hospital systems) in Colorado interested in integrating a dental hygienist into a medical team to provide dental hygiene services. The toolkit addresses startup and implementation, including hiring a dental hygienist, building a dental space, integrating the hygienist into the practice, and creating and implementing models of care. Many parts of the toolkit are applicable to other states.

Delta Dental of Colorado Foundation. 2020. *Improving Oral Health Outcomes by Integrating Medical and Dental Care*. Denver, CO: Delta Dental of Colorado Foundation. 1 item.



Integration of Preventive Dental Services in School Health Programs

This course for health professionals provides information about how to integrate preventive oral health care into school health programs. The course includes an overview of school-based oral health and information about how to conduct an oral health screening, apply fluoride varnish, and provide oral health education to children in a school-based setting. It also includes information about making a dental referral and tracking relevant findings. The course may be taken to fulfill continuing education credits.

University at Albany, State University of New York, School of Public Health, Center for Public Health Continuing Education. 2019. *Integration of Preventive Dental Services in School Health Programs*. Albany, NY: University at Albany, State University of New York, School of Public Health, Center for Public Health Continuing Education. 1 item.



Kansas School Dental Screening Toolkit

This toolkit provides information and tools related to conducting oral health screenings in Kansas schools. It discusses the importance of conducting oral health screenings in schools. It also presents standards, discusses preparation and procedures for conducting screenings, and offers considerations for the school oral health team.

Kansas Department of Health and Environment. 2023. *Kansas School Dental Screening Toolkit*. Topeka, KS: Kansas Department of Health and Environment. 16 pp.



Mouth Wise

This course is designed to help students in grades 2–10 learn about and practice healthy habits that promote oral health. The course discusses consuming healthy foods and drinks, the importance of healthy teeth, preventing tooth decay, toothbrushing, flossing, tobacco use, and lowering risk for oral disease. Animated videos are included. The course is available in English and Spanish.

North Carolina Dental Association, North Carolina Dental Association Foundation, and Delta Dental Foundation. 2020. *Mouth Wise*. Cary, NC: North Carolina Dental Association. Multiple items.



The Oral Health and Body Mass Index of Illinois Third-Grade Children

This brief presents information on tooth decay prevalence in the primary and permanent teeth of children in third grade in Illinois. Illinois data are compared to data on children of similar ages within the U.S. population screened between 2015 and 2016 as part of the National Health and Nutrition Examination Survey. The brief also describes dental sealant prevalence and presents body mass index data and data about beverage consumption.

Illinois Department of Public Health. 2021. *The Oral Health and Body Mass Index of Illinois Third-Grade Children*. Springfield, IL: Illinois Department of Public Health. 3 pp.



Oral Health Assessment Form

This form, to be completed by parents and oral health professionals, provides space to write information about children older than age 3 to give to the child care facility or school. Part I, for parents to fill out, is for the child's name, age, birthdate, grade, and child care facility or school name. Part II, for an oral health professional to fill out, is for the child's oral health status and insurance status. Space for the oral health professional's name, signature, and stamp, as well as the date of the oral examination, is included.

DC Health. 2019. *Oral Health Assessment Form*. Washington, DC: District of Columbia Department of Health. 1 p.



Oral Health Guide for Caregivers of School-Aged Children

This booklet is designed to help school nurses and others who work with school-age children provide effective treatment for minor oral health emergencies or problems such as inflamed or irritated gum tissue, toothaches, a broken or displaced tooth, traumatic avulsion, and a lacerated lip or tongue. Topics include dental first aid and primary and permanent dentition. A dental-trauma decision tree is included.

Branson BS, McCunniff MD. 2022. *Oral Health Guide for Caregivers of School-Aged Children*. Jefferson City, MO: Missouri Department of Health and Senior Services, Office of Dental Health. 16 pp.



Oral Health in Children: The Role of the Nurse in Community Settings—Teaching Strategy

This tip sheet for school nurses provides strategies for developing competencies to educate parents and children about the importance of oral health and oral hygiene, fluoride, and having a dental home. It also provides information about how to recognize abnormalities in the mouth. The strategy includes an overview, learning objectives, pre-work, suggested learning activities, and suggested reading.

Hartnett E. 2018. *Oral Health in Children: The Role of the Nurse in Community Settings—Teaching Strategy*. Washington, DC: National League for Nursing. 4 pp.



Oral Screening Form

This screening form, which is intended for school health programs, can be used to record children's oral health status and treatment needs. Space is provided to enter the school district number; the school name; and each child's name, classroom, and grade. In addition, there is space to note whether each child has treated and/or untreated tooth decay or other oral health problems, has dental sealants present and/or needs sealants, and needs an oral exam and/or urgent treatment.

Kansas Department of Health and Environment. 2023. *Oral Screening Form*. Topeka, KS: Kansas Department of Health and Environment. 1 p.



School-Based Dental Sealant Program Training (3rd ed.)

This curriculum is designed to provide school-based dental sealant program (SBSP) staff with an understanding of the history, operations, and principles of SBSPs funded by the Ohio Department of Health (ODH). Contents include guidelines for infection control and information about tooth selection and assessment for sealants; the sealant-application process; and SBSP operations, with an emphasis on requirements that apply to programs funded by ODH. [Funded by the Maternal and Child Health Bureau]

Barzel R, Holt K, Kolo S, Siegal M, eds. 2023. *School-Based Dental Sealant Program Training* (3rd. ed.). Washington, DC: National Maternal and Child Oral Health Resource Center. 1 v.



School Oral Health: An Organizational Framework to Improve Outcomes for Children and Adolescents

This framework presents a vision of the field of school oral health, starting with the articulation of a framework for how communities can organize partners, policies, programs, services, and curricula to achieve better and more equitable oral health outcomes. Components include oral health education, oral health screening, preventive oral health care, care coordination and linkage to community-based oral health care, and dental treatment in schools. Each component can be implemented alone or with other components.

School-Based Health Alliance and Oral Health 2020 Network. 2018. *School Oral Health: An Organizational Framework to Improve Outcomes for Children and Adolescents*. Washington, DC: School-Based Health Alliance; N.p.: Oral Health 2020 Network. 9 pp.



School Oral Health Playbook

This playbook is designed to help individuals and communities improve oral health care and outcomes for school-age children. It provides links to school oral health strategies, champions, models, resources, and programs. The playbook discusses why it is important to ensure access to oral health care for children, how to launch a program that builds on existing efforts, and which programs working toward improved oral health and outcomes already exist and what can be learned from their successes and challenges.

School-Based Health Alliance. 2018. *School Oral Health Playbook*. Washington, DC: School-Based Health Alliance. Multiple items.



Teaching Tools

These tools are designed for teachers and caregivers to use when teaching children about good oral health. Tools include lessons plans for grades 1–4, activity sheets, posters and flyers about choosing healthy drinks, science activity cards for grades K–4, and other resources. Some of the tools are available in Spanish.

Delta Dental Plan of Michigan. N.d. *Teaching Tools*. Okemos, MI: Delta Dental Plan of Michigan. Multiple items.

Program Development

District of Columbia Universal School-Based Health Center Form: Consent for Health Services and Treatment

This consent form for parents to fill out allows students to receive care at school-based health centers in Washington, DC. It provides space to add contact information for the student and their parents and doctors and information about health insurance. A description of services offered at school-based health centers is included. The form is available in Amharic, Chinese, English, French, Korean, Spanish, and Vietnamese.

DC Health. 2022. *District of Columbia Universal School-Based Health Center Form: Consent for Health Services and Treatment*. Washington, DC: District of Columbia Department of Health. 2 pp.

Iowa's I-Smile Program Promotes Dental Care for Children, Pregnant Women, and Adults

This report provides information about Iowa's I-Smile Program. Topics include background; oral health in Iowa; I-Smile in practice; and I-Smile @ School—a component of I-Smile that helps children access oral health care by providing screenings, dental sealants, fluoride varnish, and education in elementary and middle schools. The report also describes I-Smile Silver, a pilot program implemented across 10 counties in Iowa to help adults access oral health care. In addition, the report discusses key takeaways, challenges, and next steps.

Levisohn A. 2020. *Iowa's I-Smile Program Promotes Dental Care for Children, Pregnant Women, and Adults*. Portland, ME: National Academy for State Health Policy. 5 pp.

I-Smile™ @ School: 2019–2020 Update on the Iowa Department of Public Health's School-Based Sealant Program

This fact sheet provides information about I-Smile, a preventive school-based dental program that focuses on improving the oral health of Iowa's students. The

fact sheet describes the program; the services it offers, which include oral health screenings, risk assessments, dental sealant and fluoride varnish application, and classroom and individual oral health education; student and school participation in the program; and program impact.

Iowa Department of Public Health, Bureau of Oral and Health Delivery Systems. 2021. *I-Smile™ @ School: 2019–2020 Update on the Iowa Department of Public Health's School-Based Sealant Program*. Des Moines, IA: Iowa Department of Public Health, Bureau of Oral and Health Delivery Systems. 2 pp.

Kansas Oral Health Plan 2022–2027

This plan is intended to serve as a roadmap for organizations and individuals for matters impacting oral health in the state. The plan focuses on four goals related to (1) financing, (2) systems collaboration, (3) oral health literacy, and (4) the oral health workforce. Goal 4, objective 1, focuses on promoting oral health awareness in schools by providing school nurses with training and tools.

Kansas Department of Health and Environment. 2022. *Kansas Oral Health Plan 2022–2027*. Topeka, KS: Kansas Department of Health and Environment. 70 pp.

Louisiana Oral Health State Action Plan 2018–2023

This action plan focuses on the Louisiana Oral Health Coalition's goals related to improving the oral health of all Louisianians. It provides direction for achieving priorities set forth by stakeholders representing individual oral health champions and multiple organizations across the state. The plan describes three oral-health-promotion interventions across the state: Well Ahead Louisiana (a chronic-disease-prevention and health-care-access initiative of the Louisiana Department of Health), school dental sealant programs, and community water fluoridation.

Louisiana Oral Health Coalition. N.d. *Louisiana Oral Health State Action Plan 2018–2023*. N.p.: Louisiana Oral Health Coalition. 12 pp.



Maine's School Oral Health Program Handbook

This handbook is intended help school administrators, dentists, dental hygienists, nurses, and volunteers implement the Maine School Oral Health Program. It provides information about oral health in Maine and describes the history of the school oral health program. Other topics include oral health care available to students and care coordination. A question-and-answer section is included, along with sample forms and a sample registered dental hygienist job description.

Maine Department of Health and Human Services, Maine Center for Disease Control and Prevention. 2021. *Maine's School Oral Health Program Handbook*. Augusta, ME: Maine Department of Health and Human Services. 26 pp.



Ohio's State Oral Health Plan 2021–2022: Goal—Integration of Oral and Overall Health Across Systems

This infographic provides information about Ohio's 2021–2022 state oral health plan goal to integrate oral health and overall health across systems in the state. It discusses school-based health centers and the impact that tooth decay in children and adolescents can have on school readiness, absenteeism, career readiness, and mental health and well-being. Also discussed are two policy opportunities: adopting K–12 education standards and including oral health in school-based drug-prevention-education and mental-health-promotion curricula.

Oral Health Ohio. 2020. *Ohio's State Oral Health Plan 2021–2022: Goal—Integration of Oral and Overall Health Across Systems*. Cincinnati, OH: Oral Health Ohio. 1 p.



Oral Health in Connecticut 2013–2018

This report provides information on steps Connecticut has taken to promote oral health equity in the state, including by ensuring that the majority of its residents have access to community fluoridated water, offering dental benefits to children and adults through the HUSKY health insurance program, and providing oral health care in schools. Information is

included on the status of oral health in Connecticut as well as on oral health among children, adolescents, adults, pregnant women, and older adults.

Kosutic I, McDowell T. 2020. *Oral Health in Connecticut 2013–2018*. Hartford, CT: Department of Public Health, Office of Oral Health, Connecticut. 94 pp.



School-Linked Dental Program: A Guide for Local Oral Health Programs

This guide provides information about California's school-linked oral health program for local oral health programs. Topics include the state's oral health plan goals and objectives, the California Dental Disease Prevention Program, and steps for implementing a school-linked oral health program.

California Department of Health, Office of Oral Health. 2020. *School-Linked Dental Program: A Guide for Local Oral Health Programs*. Sacramento, CA: California Department of Health, Office of Oral Health. 8 pp.



Vermont State Oral Health Plan 2022

This state plan includes goals and strategies to improve oral health for residents in Vermont. Priority areas include access, workforce, school-based oral health, community water fluoridation, oral health surveillance, quality improvement, and medical-dental integration. The plan discusses strategies for expanding school-based oral health programs in the state, including a strategy for evaluating the effectiveness of different types of school-based programs.

Vermont Department of Health. 2022. *Vermont Oral Health Plan 2022*. Burlington, VT: Vermont Department of Health. 38 pp.

Public Education

Lessons in a Lunch Box: Healthy Teeth Essentials & Facts About Snacks

This lunch box provides parents with information about oral health and healthy eating choices and practices. The lunch box is illustrated with drawings that promote good oral health and good nutrition and contains a “Dental Care in a Carrot” case made to include a toothbrush, toothpaste, dental floss, and a rinse cup. Ordering information; downloadable files, including a description of the program, a 5-day lesson guide for teachers, and an outline of the lessons; a video about the program; and other supplemental materials are available on the website. The lunch box is available in Braille.

The Children’s Oral Health Institute. N.d. *Lessons in a Lunch Box: Healthy Teeth Essentials & Facts About Snacks*. Owings Mills, MD: The Children’s Oral Health Institute. Multiple items.

Protecting Your Smile in Middle and High School

This fact sheet provides information about oral-health-related behaviors among students in middle and high school in North Dakota and offers suggestions for how they can maintain or improve their oral health. Suggestions are divided into things to do and things not to do. Examples of things to do include wearing a mouthguard while playing sports, brushing and flossing teeth daily, and visiting the dentist regularly. Examples of things not to do include regularly drinking sugary beverages, getting lip or tongue piercings, and smoking or chewing tobacco.

University of North Dakota, Center for Rural Health. N.d. *Protecting Your Smile in Middle and High School*. Bismarck, ND: University of North Dakota, Center for Rural Health. 1 p.

Oral Health for Children and Adolescents: How Can You Help?

This handout for parents explains why oral health is important and how to help prevent dental caries and other oral health problems. It presents a series of questions about school health services that can help parents support their child’s efforts to address oral health. Other questions address oral health education, bullying prevention, how teachers reward students (i.e., with food or nonfood items), and whether students have access to free and clean drinking water. The handout explains how to find answers to the questions.

Centers for Disease Control and Prevention. N.d. *Oral Health for Children and Adolescents: How Can You Help?* Atlanta, GA: Centers for Disease Control and Prevention. 2 pp.



Organizations

Organizations

ACADEMY OF GENERAL DENTISTRY

560 West Lake Street, Sixth Floor
Chicago, IL 60661-6600
Phone: (888) 243-3368
Website: www.agd.org

The Academy of General Dentistry (AGD) serves the needs of general dentists, represents their interests, and provides continuing education. AGD's goal is to advance general dentistry and improve oral health through high-quality continuing education and advocacy.

AMERICAN ACADEMY OF PEDIATRIC DENTISTRY

211 East Chicago Avenue, Suite 1600
Chicago, IL 60611-2637
Phone: (312) 337-2169
Website: www.aapd.org

The American Academy of Pediatric Dentistry (AAPD) works to achieve optimal oral health for children and adolescents, including those with special health care needs. AAPD serves primary care and specialty pediatric dentists, as well as general dentists who provide care to children and adolescents.

AMERICAN ACADEMY OF PEDIATRICS, SECTION ON ORAL HEALTH

345 Park Boulevard
Itasca, IL 60143
Phone: (800) 433-9016
Website: www.aap.org/oralhealth

The American Academy of Pediatrics' Section on Oral Health focuses on improving communication between pediatricians and pediatric dentists and improving advocacy for oral health, nutrition, and early diagnosis and prevention of oral disease in children and adolescents, including those with special health care needs.

AMERICAN ASSOCIATION OF PUBLIC HEALTH DENTISTRY

P.O. Box 7317
Springfield, IL 62791-7317
Phone: (217) 529-6941
Website: www.aaphd.org

The American Association of Public Health Dentistry (AAPHD) works toward ensuring optimal oral health for individuals and communities. AAPHD's goals are to foster partnerships between AAPHD members and stakeholders with an interest in public health dentistry, translate evidence into policies and programs, and develop talent and leadership in the field of public health dentistry.

AMERICAN DENTAL ASSOCIATION

211 East Chicago Avenue
Chicago, IL 60611-2678
Phone: (312) 440-2500
E-mail: info@ada.org
Website: www.mouthhealthy.org/en

The American Dental Association (ADA) provides oral health information to dentists and consumers and works to advance the dental profession at the national, state, and local levels. ADA initiatives include those related to advocacy, education, research, and the development of standards.

AMERICAN DENTAL HYGIENISTS' ASSOCIATION

444 North Michigan Avenue, Suite 3400
Chicago, IL 60611
Phone: (312) 440-8900
Website: www.adha.org

The American Dental Hygienists' Association (ADHA) works to ensure access to high-quality oral health care; promote dental hygiene education, licensure, practice, and research; and represent the legislative interests of dental hygienists at the local, state, and federal levels. ADHA serves dental hygienists with the goal of helping them achieve their full potential as they seek to improve the public's oral health.

ASSOCIATION OF STATE AND TERRITORIAL DENTAL DIRECTORS

3858 Cashill Boulevard
Reno, NV 89509
Phone: (775) 626-5008
Website: www.astdd.org

The Association of State and Territorial Dental Directors promotes the establishment of national dental public health policy and assists state oral health programs with the development and implementation of programs and policies for preventing oral disease. It also builds awareness and strengthens public health professionals' knowledge and skills by developing position papers and policy statements, provides information on oral health to health officials and policymakers, and conducts conferences for the dental public health community.

CENTERS FOR DISEASE CONTROL AND PREVENTION, DIVISION OF ORAL HEALTH

1600 Clifton Road
Atlanta, GA 30329-4027
Phone: (800) 232-4636
E-mail: cdcinfo@cdc.gov
Website: www.cdc.gov/oralhealth/index.html

The Centers for Disease Control and Prevention (CDC) works to combat disease and supports communities and citizens to do the same. CDC's Division of Oral Health strives to improve oral health and reduce oral health disparities by helping states improve their oral health programs, extending the use of proven strategies to prevent oral disease, enhancing efforts to monitor oral disease, contributing to the scientific knowledge base related to oral health and oral disease, and guiding infection control in dentistry.

HISPANIC DENTAL ASSOCIATION

2 Talon Court
Sewell, NJ 08080
Phone: (856) 343-9459
Website: www.hdassoc.org

The Hispanic Dental Association works to promote overall health, including oral health, for the Hispanic community as well as other underrepresented communities. Its goal is to empower health professionals to improve oral health equity and health care quality for these populations. It also strives to provide a unified voice for Hispanic oral health professionals, foster

research, disseminate information, serve as a source of continuing education, and stimulate interest in oral-health-related careers within the Hispanic community.

INDIAN HEALTH SERVICE

5600 Fishers Lane
Parklawn Building
Rockville, MD 20857
Website: www.ihs.gov

The Indian Health Service (IHS) is responsible for providing federal health services, including oral health services, to American Indians and Alaska Natives. IHS works to ensure that comprehensive, culturally appropriate personal and public health services are available and accessible to American Indian and Alaska Native people; to promote excellence and quality through innovation of the Indian health system into an optimally performing organization; and to strengthen IHS program management and operations.

MATERNAL AND CHILD HEALTH BUREAU

Health Resources and Services Administration
5600 Fishers Lane
Parklawn Building
Rockville, MD 20857
Phone: (301) 443-2753
Website: www.mchb.hrsa.gov

The Maternal and Child Health Bureau provides leadership, in partnership with stakeholders, to improve the physical, mental, and oral health; safety; and well-being of the maternal and child health population, which includes all women, infants, children, and adolescents and their families.

NATIONAL ASSOCIATION OF SCHOOL NURSES

1100 Wayne Avenue, Suite 925
Silver Spring, MD 20910-5669
Phone: (240) 821-1130
E-mail: nasn@nasn.org
Website: www.nasn.org

The National Association of School Nurses works to ensure that all students are healthy, safe, and ready to learn by advancing the practice of school nursing. Its website includes resources as well as information about educational opportunities and events, membership, advocacy, research and data, and relevant news.

NATIONAL DENTAL ASSOCIATION

3060 Mitchellville Road, Suite 215
Bowie, MD 20716
Phone: (240) 241-4448
Website: www.ndaonline.org

The National Dental Association (NDA) works to improve the delivery of oral health care in underserved communities and to improve the educational opportunities of minorities underrepresented in the oral health field. NDA's website features information on events, dental education, dental schools, programs, and initiatives.

NATIONAL INSTITUTE OF DENTAL AND CRANIOFACIAL RESEARCH

National Institutes of Health
900 Rockville Pike
Bethesda, MD 20892
Phone: (866) 232-4528
E-mail: nidcrinfo@mail.nih.gov
Website: www.nidcr.nih.gov

The National Institute of Dental and Craniofacial Research seeks to improve dental, oral, and craniofacial health through research and training and by promoting the timely transfer of knowledge gained from research to the public. It strives to translate findings into prevention, early detection, and treatment strategies that improve overall health for all individuals and communities across the lifespan.

NATIONAL MATERNAL AND CHILD ORAL HEALTH RESOURCE CENTER

Georgetown University
37th & O Streets, N.W.
Washington, DC 20057-1272
E-mail: OHRCinfo@georgetown.edu
Website: www.mchoralhealth.org

The National Maternal and Child Oral Health Resource Center responds to the needs of professionals working in states and communities with the goal of improving oral health services for pregnant women, infants, children, and adolescents, including those with special health care needs, and their families (MCH population). The resource center collaborates with government agencies, professional associations, foundations, policy and research centers, and voluntary organizations to gather, develop, and share information and materials to promote sustainable oral health services for the MCH population.

NATIONAL NETWORK FOR ORAL HEALTH ACCESS

181 East 56th Avenue, Suite 411
Denver, CO 80216
Phone: (303) 957-0635
E-mail: info@nnoha.org
Website: www.nnoha.org

The National Network for Oral Health Access (NNOHA) works to improve the oral health of underserved populations and contributes to overall health through leadership, advocacy, and support to oral health professionals in safety-net systems. NNOHA's priorities include ensuring that oral health care is integrated into primary care; promoting evidence-based oral-disease-management models; advocating for every health center to have an oral health program; and ensuring that oral health professionals have the information, resources, and support to deliver high-quality services.

SCHOOL-BASED HEALTH ALLIANCE

1010 Vermont Avenue, N.W., Suite 816
Washington, DC 20005
Phone: (202) 638-5872
Website: www.sbh4all.org

The School-Based Health Alliance strives to set the national policy and legislative agenda for the field; advocate for school-based health care support and funding; promote high-quality clinical practices and standards; support data collection and reporting, evaluation, and research; and provide training, technical assistance, and consultation. Its website provides information about upcoming events and links to relevant resources.

SOCIETY OF AMERICAN INDIAN DENTISTS

230 Fairview Drive
Carson City, NV 89701
Website: www.thesaidonline.org

The Society of American Indian Dentists promotes oral health in the American Indian community, serves as a resource for American Indian students interested in the dentistry profession, promotes American Indian heritage and traditional values, and promotes and supports the concerns of American Indian dentists.

SPECIAL CARE DENTISTRY ASSOCIATION

2800 West Higgins Road
Hoffman Estates, IL 60169
Phone: (312) 527-6764
E-mail: scda@scdaonline.org
Website: www.scdaonline.org

The Special Care Dentistry Association is dedicated to promoting good oral health and well-being for individuals with special health care needs. It offers educational opportunities and information for oral health professionals who treat individuals with special health care needs, provides resources and industry news, and hosts networking and educational events.



National Maternal and Child Oral Health Resource Center