Cite as


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The National Maternal and Child Oral Health Resource Center (OHRC) developed this publication, *Fluoride Varnish: A Resource Guide* (2nd ed.), to help health professionals, program administrators, educators, parents, and others promote oral health and prevent oral disease in infants, children, and adolescents. The resource guide is divided into two sections. The first section describes materials, such as brochures, fact sheets, guidelines, curricula, and reports published from 2011 through 2016. The second section lists federal agencies, national professional associations, resource centers, and national coalitions that may serve as resources.

Our intent is to share resources that are useful and that represent current science and practice. For further information, we encourage you to contact the organizations listed. Your state and local departments of health, state and local oral-health-related associations and societies, state or local oral health coalitions, and university-based libraries are additional sources of information. OHRC will update the resource guide periodically, and we would appreciate hearing from you if you know of any relevant resources that are not included in this edition.
ACKNOWLEDGMENTS

We are grateful to the following Association of State and Territorial Dental Directors Fluorides Committee members for their review and contributions to the resource guide.

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- Christine Wood, Association of State and Territorial Dental Directors
- Beth Wyatt, Colorado Department of Public Health and Environment, Oral Health Unit
- Kimberlie Yineman, North Dakota Department of Health, Oral Health Program

And we would like to thank those who submitted items for inclusion in the guide.
MATERIALS
DATA AND SURVEILLANCE


This report provides information about the use of oral health care and the receipt of a dental sealant or topical fluoride gel or varnish among infants, children, and adolescents from birth to age 21 within the calendar year. The report presents measures and trends by the infant's, child's, or adolescent's sex, age, race and ethnicity, health insurance status, dental insurance status, and disability status; family income-poverty ratio; and head of household level of educational attainment.


POLICY

HEALTH INVESTMENTS THAT PAY OFF: STRATEGIES TO IMPROVE ORAL HEALTH

This brief outlines oral health interventions to improve population health and the quality of health care and to reduce health care costs. Contents include an overview of the problem, strategies to implement and finance evidence-based interventions, and strategies to support data collection related to interventions. Topics include expanding dental sealant programs; paying primary care health professionals to provide fluoride varnish applications; updating and investing in community-water-fluoridation systems; improving data-analysis capabilities; expanding scope-of-practice laws and changing Medicaid reimbursement policies; and considering emerging models for new types of health professionals, including dental therapists and advanced dental hygienist practitioners.


MORE STATE MEDICAID PROGRAMS PAY FOR CHILDREN’S ORAL HEALTH PREVENTION SERVICES IN DOCTORS’ OFFICES

This document provides an overview of efforts by the American Academy of Pediatrics, the Pew Children’s Dental Campaign, and others to expand reimbursement to primary care health professionals for dental-caries-prevention services during well-child visits. The document presents information on state Medicaid programs reimbursing primary care health professionals for preventive oral health services in 2008 and in 2012. The document also discusses procedures states cover and efforts to conduct advocacy training, develop resources, and collaborate with policymakers.


POLICY ON USE OF FLUORIDE

This statement affirms the use of fluoride as a safe and effective adjunct in reducing the risk of dental caries and reversing enamel demineralization. It also encourages public health officials, health
professionals, and parents and other caregivers to optimize children's fluoride exposure. Topics include the anti-caries effect of fluoride varnish and other professional topical fluoride treatments.


**PROFESSIONAL EDUCATION, TOOLS, AND TRAINING**

**1ST LOOK PROGRAM**

These resources are designed to help primary care physicians reduce dental caries in early childhood by performing dental risk assessments, providing anticipatory guidance, applying fluoride varnish, and referring children to a dental home by age 1. Contents include information about fluoride varnish products and vendors; program participation, certification, and billing; presentation slides and handouts; and educational materials about oral health in infants, young children, and pregnant women. A training course is also available.


**BE THE DIFFERENCE IN A CHILD'S SMILE!**

This fact sheet for primary care health professionals provides information about tooth decay in infants and young children from birth to age 3 and the recommended first dental examination by age 1. The fact sheet also describes opportunities for training and discusses reimbursement for applying fluoride varnish in conjunction with Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) screening.


**CARIES PREVENTION SERVICES REIMBURSEMENT TABLE**

This document presents survey findings for the 50 states and the District of Columbia on reimbursement for risk assessment, oral examination, fluoride varnish, anticipatory guidance, and family oral health education. It presents information on the following topics: type of health professional, services, fees, procedure codes, delegation, age limit for services, number of varnish applications reimbursed annually, training requirement, payment by Medicaid or the Children’s Health Insurance Program, and legislative approval to reimburse health professionals. Information about commercial payment and procedure codes is also included.


**CAVITY FREE AT THREE: PROVIDER RESOURCES**

These resources for health professionals focus on preventing dental caries in infants and young children from birth to age 3. Contents include guidelines on providing prenatal and infant oral health care, posters, anticipatory guidance, referral forms and standing orders, and videos. Additional resources include training and presentations in Colorado on topics such as communicating the importance of oral health, evidence and standard of care, screening and risk assessment, applying fluoride varnish, billing, and ordering supplies. Brochures for educating pregnant women, parents, and other caregivers are also available.

CONSIDERATIONS FOR ORAL HEALTH INTEGRATION IN PRIMARY CARE PRACTICE FOR CHILDREN

This document provides oral health information for pediatric primary care health professionals. Topics include the importance of the dental home, dental-caries-risk assessment, anticipatory guidance, and fluoride varnish application. Contents include case studies on recognizing risk factors for caries, applying fluoride varnish during a routine well-child visit, and injury treatment.


COVERAGE FOR DENTAL FLUORIDE VARNISH PROVIDED BY PHYSICIANS, NURSE PRACTITIONERS, AND PHYSICIAN ASSISTANTS

This document provides information about reimbursement for topical fluoride varnish applications and oral evaluations performed by physicians, nurse practitioners, and physician assistants who have successfully completed training requirements. Topics include credentials, limitations of coverage, and billing.


CRUSH CAVITIES!

These resources are designed to help primary care health professionals and others understand the etiology of dental caries and caregivers’ role in preventing caries in infants, children, and adolescents from birth to age 21. Contents include information and resources on finding a physician or dentist, getting care when the first tooth erupts, applying fluoride varnish as part of well child care, practicing good oral hygiene, and consuming healthy foods and drinks. Additional contents include a press release and a governor’s proclamation; public service announcements in English, Hmong, Karen, Lao, Portuguese, Somali, Spanish, and Vietnamese; and frequently asked questions. A video for parents about fluoride varnish is also available in English, French, Hmong, Oromo, Russian, Somali, and Spanish.


DENTAL CARIES IN CHILDREN FROM BIRTH THROUGH AGE 5 YEARS: SCREENING

These resources summarize the U.S. Preventive Services Task Force recommendations and evidence for preventing dental caries in infants and children from birth through age 5. Contents include a recommendation statement, an evidence report, a research plan, a clinical summary, a consumer fact sheet, and an evidence synthesis. Topics include prescribing fluoride supplements for infants and children starting at age 6 months whose water supply is deficient in fluoride and applying fluoride varnish to infants’ and children’s teeth starting upon eruption of the first primary tooth.


FIRST DENTAL HOME

This module was developed to train dentists to provide dental homes for infants and young children ages 6–35 months. The module includes an overview of services provided at the first dental visit including caries risk assessment, prophylaxis, oral hygiene instruction for primary caregivers, topical fluoride varnish, anticipatory guidance, and a recall schedule. Information on Texas Health Steps (Medicaid) reimbursement and links to related materials such as forms, training materials (slides), and questionnaires are included. Educational materials for families are also provided.

Texas Department of State Health Services and Texas Health and Human Services Commission. 2015. First Dental Home. Austin, TX: Texas
FIRST TOOTH TRAIN THE TRAINER PROGRAM

This document describes a program to reduce early childhood caries in Oregon by implementing preventive oral health services for infants and children using a train-the-trainer model. The intended audience is regional oral health champions who will provide training to local health professionals, oral health professionals, and other community providers with a stake in improving the oral health of infants and young children from birth through age 5. Contents include information about trainer prerequisites, benefits, and requirements; successful program completion; and ongoing support.


FLUORIDE VARNISH

This resource for physicians, nurses, and other licensed health professionals in Arkansas describes fluoride varnish and its role in preventing dental caries in children. The resource also provides information about the safety and benefits of fluoride varnish and state certification requirements for applying fluoride varnish.


FLUORIDE VARNISH: AN EFFECTIVE TOOL FOR PREVENTING DENTAL CARIES

This fact sheet for health professionals provides information about the role of fluoride varnish in preventing dental caries in infants, children, and adolescents. Topics include what fluoride varnish is and how it is used; evidence on the effectiveness and safety of fluoride varnish; and information about initiatives, programs, and policies to improve access to and delivery of fluoride varnish applications. [Funded by the Maternal and Child Health Bureau]


FLUORIDE VARNISH: AN EVIDENCE-BASED APPROACH (UPD.)

This brief presents information to help health professionals design, implement, and evaluate community-based programs that apply fluoride varnish. Topics include a definition of fluoride varnish and how it prevents tooth decay; the characteristics, effectiveness, and safety of fluoride varnish; and recommendations for using fluoride varnish. The brief also provides tips for selecting cost-effective community and school dental-caries-prevention programs.


FLUORIDE VARNISH APPLICATION AMONG NORTH DAKOTA FAMILY PRACTICE PHYSICIANS & PEDIATRICIANS: 2016 CHARTBOOK

This report presents findings from a survey of pediatrics and family practice physicians in North Dakota to study fluoride varnish application in clinical practice. Contents include an overview of the study; information about the methods and response demographics; and findings on assessment, fluoride varnish application, referral, and need for training and education.

FLUORIDE VARNISH IN THE CHILD AND TEEN CHECKUPS (C&TC) SETTING

These resources are designed to help primary care health professionals improve the oral health of infants, children, and adolescents from birth to age 21 who are eligible for Minnesota’s Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) program by offering fluoride varnish applications (FVAs). Contents include recommendations for FVAs, requirements for a complete visit, support for FVAs by primary care health professionals, and resources for implementing FVAs.


FLUORIDE VARNISH IN PRIMARY CARE SETTINGS

This fact sheet presents findings from a survey of primary care health professionals in North Dakota to assess their knowledge about fluoride varnish application and determine how many were providing and billing for the service. Contents include information about the percentage of pediatricians and family practice physicians who conducted oral health risk assessments, those who had a list of dentists for client referral, and those who applied fluoride varnish for pediatric clients beginning at age 6 months. Conclusions and recommendations are provided.


FLUORIDE VARNISH PERMISSION SLIP

This form describes a program to provide oral health screening and fluoride varnish applications to students in kindergarten through grade 6. Topics include what fluoride varnish is, why it is recommended for children, safety, how it is applied to teeth, and how long it lasts. Space is provided for parents to write their child’s teacher’s name; their child’s name, address, age, grade, gender, home
phone, and allergies; and whether they would like their child to participate in the program.


**FROM THE FIRST TOOTH**

These resources provide information about integrating oral health assessment, fluoride varnish application, and oral health counseling for parents and other caregivers into health and social service settings where infants and young children (from birth to age 3) receive services. Contents include information about program participation, reimbursement and training for professionals, sample benefit language for employers, and materials for parents and families.


**HEAD START ORAL HEALTH TOOL KIT**

This document contains information and resources to assist Head Start programs in meeting the oral-health-related Head Start Program Performance Standards and in planning and implementing interventions that promote oral health for children enrolled in Early Head Start and Head Start and their families. Topics include the written health plan; establishing a dental home; determining a child's oral health status and whether the child needs treatment; the role of toothbrushing and fluoride in preventing tooth decay; fluoride varnish; establishing an emergency plan; nutrition and oral health; oral health education for children, parents, and staff; family partnerships; the South Carolina Healthy Start Network; and the role of the Head Start community dentist.


**I-SMILE ORAL HEALTH COORDINATOR HANDBOOK (REV.)**

This handbook is intended to assist the oral health coordinator (dental hygienist) in providing primary prevention and care-coordination services for young children and their families in Iowa. Topics include the dental home and dental caries screening and treatment services. The handbook contains an overview of Iowa’s 1-Smile project, oral health service guidelines including a fluoride

**FLUORIDE VARNISH POLICY STATEMENT (UPD.)**

This statement supports the use of fluoride varnish beginning with primary tooth eruption as an effective adjunct in programs designed to reduce lifetime dental caries experience. Topics include the impact of dental caries on health over the life span, dental caries control, systemic and topical fluoride methods, caries reduction attributable to fluoride varnish, caries risk assessment, and fluoride varnish safety and efficacy.


**FLUORIDE VARNISH TRAINING MANUAL FOR MASSACHUSETTS HEALTH CARE PROFESSIONALS**

This manual is designed to help health professionals implement fluoride varnish applications for infants, children, and adolescents ages 6 months to 21 years who are enrolled in Massachusetts' Medicaid program. Contents include office-based and online training options; steps for establishing and using fluoride varnish in the office; a template for documenting the oral examination, procedure and post-procedure, and risk factors for dental caries; facts on fluoride varnish application; coding, reimbursement, and claim submission; and information for caregivers about fluoride varnish.

varnish protocol, oral-health-education guidelines, sample forms, and other resources.


**MARYLAND’S MOUTHS MATTER: FLUORIDE VARNISH AND ORAL HEALTH SCREENING PROGRAMS FOR KIDS—TRAINING FOR EPSDT MEDICAL PROVIDERS IN MARYLAND**

This curriculum is designed to provide Early and Periodic Screening, Diagnosis, and Treatment medical providers (i.e., physicians, nurse practitioners) and other health professionals in Maryland with knowledge and skills to reduce the incidence of dental caries among children ages 3 and under and to contribute to the establishment of a dental home. The series of four modules provides information on the role of medical providers in children’s oral health. Also included are a description of the dental caries process and instructions on how to conduct a dental caries risk assessment. The modules also address the provision of anticipatory guidance, the application of fluoride varnish, and the importance of referring young children to a dentist. [Funded in part by the Maternal and Child Health Bureau]


**MATERNAL AND CHILD HEALTH SERVICES ADMINISTRATIVE MANUAL SECTION 700**

This document describes maternal and child health contract agency responsibilities for ensuring access to oral health services in Iowa. Topics include an overview of maternal and child oral health services and funding sources; a description of I-Smile™ Program requirements and strategies; oral health infrastructure building; population-based, enabling, and direct care services provided by agency staff; screening and risk assessment, including school-based screening; referrals; fluoride varnish, dental sealants, prophylaxes, and radiographs; oral-health-education guidelines; service documentation; Medicaid-billable services; and supervision of dental hygienists and dental treatment provided by dentists.


**MISSISSIPPI SEALS PROGRAM**

This resource provides information on efforts to provide oral-health-related prevention services, including screenings, fluoride varnish applications, and dental sealants, to students in Mississippi schools. It describes dental sealants, how the program works and who is eligible, and how schools and oral health professionals can get involved. A
program flyer, enrollment forms for schools and providers, a parental consent form, and an oral health evaluation results form are also included.


**ORAL EVALUATION AND FLUORIDE VARNISH IN THE MEDICAL HOME**

This resource describes Oral Evaluation and Fluoride Varnish, a program aimed at improving the oral health of infants and young children ages 6–35 months in Texas. Topics include certification and reimbursement for physicians, physician assistants, and advanced practice registered nurses for performing limited services in conjunction with a Texas Health Steps medical checkup. Program services include oral evaluation, fluoride varnish application, anticipatory guidance, and referral to a dental home. Links to training programs, forms, materials, product resources, online provider lookup, and the Medicaid provider website are also available.


**A PEDIATRIC GUIDE TO CHILDREN’S ORAL HEALTH FLIP CHART AND REFERENCE GUIDE (REV. ED.)**

These resources feature pictures and speakers’ notes to help pediatricians counsel clients about oral health and fluoride varnish. The resources include a flip chart and a reference guide in English and Spanish, as well as a presentation. Topics include primary teeth, early childhood caries, feeding, nonnutritive sucking, fluoride modalities, toothbrushing, and flossing. [Funded by the Maternal and Child Health Bureau]


**PREVENTING DENTAL DISEASE IN PRIMARY CARE MEDICAL SETTINGS**

This course is intended for primary care health professionals in practices that have received the Washington Dental Service Foundation’s in-office training, Preventing Dental Disease in Primary Care Medical Settings. Professionals and staff who complete the course and pass an online assessment will receive continuing medical education credit and will be certified to provide oral health screenings, oral health education, and fluoride varnish services and to bill the Washington State Medicaid program for these services.


**PROFESSIONAL SERVICES FLUORIDE VARNISH PROGRAM POLICY**

This document for physicians, nurse practitioners, and physician assistants describes professional recommendations and the rationale for applying fluoride varnish to the teeth of infants and young children ages 6 months through 5 years as part of the first dental visit. The document also provides information about training and certification prerequisites and coding for fluoride varnish application reimbursement in Louisiana.


**PROMOTING HEALTHY SMILES THROUGH EDUCATION AND PREVENTION**

This brochure describes a program to assess the oral health status of school-age children and to implement a public health intervention to reduce tooth decay. The fact sheet describes the following program components: surveillance and screening, education, prevention, and referral. Additional topics include community responsibilities, the benefits of fluoride, and fluoride varnish characteristics and application. Educational materials,
screening forms, oral health supplies, training, and technical assistance are also discussed.


**RECOMMENDATIONS FOR PREVENTIVE PEDIATRIC HEALTH CARE (UPD.)**

These guidelines for pediatricians represent a consensus by the American Academy of Pediatrics and Bright Futures about the periodicity of health care services for all children. The guidelines emphasize the importance of continuity of care in comprehensive health supervision, including oral health supervision, and the need to avoid fragmentation of care.


**RESOURCE HIGHLIGHTS: FLUORIDE VARNISH**

These resources for professionals highlight key facts, materials, and websites on fluoride varnish. Contents include key facts supported by references from the professional literature and resources for providing education and training, developing policies and programs, and staying abreast of new developments. [Funded by the Maternal and Child Health Bureau]


**SCHOOL-BASED ORAL HEALTH CARE: A CHOICE FOR MICHIGAN CHILDREN**

This document describes the role of school-based oral health programs (SBOHPs) in improving access and removing barriers to oral health care for students in Michigan. Contents include information about the different types of services that can be offered in SBOHPs, including screening and education, fluoride rinse, fluoride varnish, and dental sealants. The document also explains the differences between preventive and comprehensive care, discussing services provided, necessary equipment, and services commonly referred out.


**SMILES ACROSS AMERICA® PRODUCT DONATION PROJECT**

This resource is designed for use by community or school oral health programs in applying for product donations. Contents include product-donation eligibility requirements; a form for programs to request dental sealant and fluoride varnish products as well as toothpaste, toothbrushes, pumice preppies, dental floss, and other products; and a reporting form to describe program results.


**SMILES FOR LIFE: A NATIONAL ORAL HEALTH CURRICULUM (3RD ED.)— COURSE 6: CARIES RISK ASSESSMENT, FLUORIDE VARNISH & COUNSELING**

This course provides a brief review of early childhood caries and addresses how the use of fluoride is part of a comprehensive approach to a child’s oral health. Topics include the benefits of fluoride, safety precautions, and fluoride dosing, as well as how to apply fluoride varnish and provide follow-up care.
SMILES FOR OHIO: FLUORIDE VARNISH—
TRAINING FOR PRIMARY MEDICAL
CARE PROVIDERS SERVING CHILDREN
ENROLLED IN MEDICAID

This series of four modules is designed to increase knowledge among Medicaid/Healthcheck primary care medical professionals and other health professionals about reducing the incidence of dental caries in infants and children under age 3 and to contribute to the establishment of a dental home. Topics include the role of primary care medical professionals; the dental caries process; caries risk assessment; and anticipatory guidance, fluoride varnish, and referral.


STARTING A STATE PEDIATRIC ORAL
HEALTH INITIATIVE: STEP-BY-STEP GUIDE
OF LESSONS LEARNED IN FOUR NEW
ENGLAND STATES

This document provides guidance for states on designing and implementing a program to train private medical practices, community health centers, and health professional schools to incorporate oral health assessments, health education, fluoride varnish application, and referrals into standard pediatric practice. Topics include program partners, financing, recruitment, training, adoption, sustainability, and measures. Additional topics include the importance of engaging future health professionals, educating consumers, and establishing a dental home. Recommendations are also provided. The appendices contain sample marketing materials, a letter of commitment, electronic health record screenshots, new hire training information, follow-up surveys, maintenance of certification guidelines, and an evaluation form.


TEETHFIRST!

These resources for families, health professionals, and child care professionals provide information about dental visits for young children in Rhode Island. Topics include first dentist appointments, finding a dentist, dental coverage and Medicaid, oral health during pregnancy, clinical guidelines and child-friendly practices, how to include oral health in wellness visits, dental caries risk assessment, fluoride varnish application, how to talk to parents about the importance of oral health, and professional training and reimbursement. The Tooth Talk blog is also available on the website.


TOPICAL FLUORIDE FOR CARIES
PREVENTION: FULL REPORT OF THE
UPDATED CLINICAL RECOMMENDATIONS
AND SUPPORTING SYSTEMATIC
REVIEW—A REPORT OF THE COUNCIL ON
SCIENTIFIC AFFAIRS

This report provides evidence-based recommendations for the use of professionally applied topical fluorides to prevent dental caries. The report addresses the impact of topical fluoride vs. no topical fluoride on new and early carious lesions; which topical fluoride was most effective in preventing, arresting, or reversing dental caries; and whether an oral prophylaxis before application improved fluoride uptake. The report also describes the systematic review of the literature, methodologies used to develop the clinical recommendations, limitations related to the evidence and review, and future research needs.
WASHINGTON STATE SCHOOL-BASED SEALANT AND FLUORIDE VARNISH PROGRAM GUIDELINES (3RD ED.)

These guidelines aim to facilitate the implementation of school-based-dental-sealant and school-based-fluoride varnish programs in Washington. Topics include the assessment of populations at risk for dental caries, infrastructure, Medicaid coverage and reimbursement, staffing, policies and procedures, data collection, scheduling, quality assurance, sealant and fluoride varnish guidelines, student referral, and process and outcome evaluation. Information on state laws, memoranda of understanding, checklists, products, and supplies is also provided.


WEST VIRGINIA CAVITY FREE BY THREE: FLUORIDE VARNISH MANUAL FOR HEALTH CARE PROVIDERS

This manual is designed to help primary care health professionals and others reduce the rate of dental caries in infants and young children ages 6–36 months in West Virginia. Contents include information about the implementation strategy (training and certification protocol) for caries risk assessment, fluoride varnish application, and facilitation of the age 1 dental visit; coding and billing; training resources; and parent-education materials.


TRAINING OPPORTUNITIES: DEVELOPMENTAL SCREENING AND FLUORIDE VARNISH

This resource for clinicians explains how to receive training and reimbursement for performing developmental screenings and applying fluoride varnish in Arizona. Topics include state certification requirements; location, description, schedule, and fees for recommended and other training; how to get paid; and instructions for purchasing supplies.


VARNISH VOLUNTEER TRAINING

This video provides instruction on applying fluoride varnish to children’s teeth as part of Missouri’s Oral Health Preventive Services Program (PSP). Topics include the course outline and objectives; a description of the PSP methodology (surveillance, education, prevention, and referral); a definition of fluoride varnish; and an explanation of how fluoride varnish works and how it is applied. Additional topics include maintaining children’s privacy and self-esteem, infection control, the application process, and post-application instructions. The presentation concludes with a series of self-test questions. A video on applying fluoride varnish to young children’s teeth using the knee-to-knee position is also available.

PUBLIC EDUCATION

ARIZONA FLUORIDE VARNISH PROGRAM (REV.)

This letter to parents describes a free fluoride varnish program to prevent dental caries in infants and young children from birth through age 5 in Arizona. The letter describes the problem and how fluoride varnish works, why it is recommended, and how it is applied. Tips on how to keep children’s teeth healthy are also included. The letter is available in English and Spanish.


FIRST SMILES

This video for parents and other caregivers provides information about the importance of oral health in infants and young children. Topics include preventing dental caries in primary teeth; early examination, detection, and treatment; and education. The video shows an oral health professional performing a lap-to-lap examination, applying a fluoride varnish treatment, and encouraging a mother to give her child milk and water rather than juice.


FLUORIDE VARNISH: HELPING SMILES STAY STRONG

This pamphlet for parents and other caregivers addresses fluoride varnish and its role in preventing tooth decay in infants and young children. An after-care checklist, a dental appointment reminder, and additional oral health care tips are included. The pamphlet is available in Chinese, English, Hmong, Korean, and Spanish.


FLUORIDE VARNISH: A PART OF A HEALTHY CHILD

This video for parents and other caregivers describes fluoride varnish and how it is used to prevent dental caries in infants and young children. Topics include what fluoride varnish is, how it works, and why it is important for infants’ and children’s health. Information about the safety and effectiveness of fluoride varnish and the importance of establishing an oral hygiene routine that includes regular oral health visits is included. The video is available in English, French, Hmong, Karen, Oromo, Russian, Somali, and Spanish.


HEALTHY HABITS FOR HAPPY SMILES: GETTING FLUORIDE FOR YOUR CHILD

This handout for pregnant women and parents of infants and young children provides simple tips on fluoride. Topics include fluoride in water, fluoridated toothpaste, and fluoride varnish. The handout is available in English and Spanish.

STATE AND LOCAL PROGRAM REPORTS

MAKING MILWAUKEE SMILE: A REPORT ON EFFORTS TO IMPROVE THE ORAL HEALTH OF MILWAUKEE CHILDREN 2011

This report describes a 3-year project to reduce the number of children with urgent oral health needs in Milwaukee, Wisconsin; increase participation in school-based oral health programs; and augment the role of primary care health professionals in addressing oral disease in the city. The project placed oral health care coordinators in schools and trained health professionals to perform oral health risk assessments, provide anticipatory guidance, and apply fluoride varnish. Report contents include a summary of the project's development process, objectives, and evaluation methods; demographics and key findings; and project participants' success stories.


PROGRAM NARRATIVE: VIRGINIA TARGETED STATE MATERNAL AND CHILD HEALTH ORAL HEALTH SERVICE SYSTEMS FINAL REPORT

This report describes a project in Virginia to (1) increase age 1 dental visits for children at high risk for dental caries; (2) extend oral health screening, education, and fluoride varnish programs within the Bright Smiles for Babies program; and (3) improve access to care for children with special health care needs through collaborative projects. [Funded by the Maternal and Child Health Bureau]


TOHSS FINAL REPORT NARRATIVE

This report describes a project to (1) increase the number of young children at high risk for dental caries who are receiving early preventive care, including assessments and fluoride varnish applications; (2) increase the number of children enrolled in the Special Supplemental Nutrition Program for Women, Infants and Children (WIC) who receive a dental visit by age 1; and (3) develop sustainable systems that maximize the use of WIC as an entry point for early oral health services. [Funded by the Maternal and Child Health Bureau]


UPDATE ON ORAL HEALTH SERVICES

This annual report provides information about oral health services in Tennessee. Topics include the provision of child screenings, referrals, and fluoride varnish applications by public health nurses in medical clinics; child screenings, oral examinations, health education, and dental sealants in schools; child and adult visits to rural dental clinics; adult extractions, cleanings, and emergency dental services; and information dissemination. Data on the number of individuals served and the number of services provided by program are included.


VARNISH! MICHIGAN BABIES TOO!

This annual report summarizes results from a program to encourage primary care health professionals to receive oral health training, perform oral health screenings, apply fluoride varnish, and provide guidance to parents during well-child visits. Contents include an introduction to oral health and information about training, reimbursement, goals, data collected, lessons learned, evaluation, and next steps.

Organizations
## Organizations

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<thead>
<tr>
<th>Organization</th>
<th>Address</th>
<th>Contact Information</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>AMERICAN ACADEMY OF PEDIATRIC DENTISTRY</strong></td>
<td>211 East Chicago Avenue, Suite 1600, Chicago, IL 60611-2637</td>
<td>Telephone: (312) 337-2169, Fax: (312) 357-6329</td>
<td>Website: <a href="http://www.aapd.org">http://www.aapd.org</a></td>
</tr>
<tr>
<td><strong>American Academy of Pediatrics</strong></td>
<td>141 Northwest Point Boulevard, Elk Grove Village, IL 60007-1098</td>
<td></td>
<td>Website: <a href="http://www.aap.org">http://www.aap.org</a></td>
</tr>
<tr>
<td><strong>Campaign for Dental Health</strong></td>
<td>E-mail: <a href="mailto:fluoride@aap.org">fluoride@aap.org</a>, Website: <a href="http://ilikemyteeth.org">http://ilikemyteeth.org</a></td>
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<tr>
<td><strong>Section on Oral Health</strong></td>
<td>Telephone: (847) 434-4779, E-mail: <a href="mailto:oralhealth@aap.org">oralhealth@aap.org</a>, Website: <a href="http://www2.aap.org/oralhealth/SOPDOH.html">http://www2.aap.org/oralhealth/SOPDOH.html</a></td>
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<tr>
<td><strong>American Academy of Community Dental Programs</strong></td>
<td>635 West Seventh Street, Suite 309, Cincinnati, OH 45203</td>
<td>Telephone: (513) 621-0248, Fax: (513) 621-0288</td>
<td>E-mail: <a href="mailto:info@aacdp.org">info@aacdp.org</a>, Website: <a href="http://www.aacdp.org">http://www.aacdp.org</a></td>
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<tr>
<td><strong>American Dental Association</strong></td>
<td>211 East Chicago Avenue, Chicago, IL 60611-2678</td>
<td>Telephone: (312) 440-2500, Fax: (312) 440-7494</td>
<td>E-mail: <a href="mailto:info@ada.org">info@ada.org</a>, Website: <a href="http://www.ada.org">http://www.ada.org</a>; <a href="http://www.mouthhealthy.org">http://www.mouthhealthy.org</a></td>
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<td><strong>American Dental Hygienists’ Association</strong></td>
<td>444 North Michigan Avenue, Suite 3400, Chicago, IL 60611</td>
<td>Telephone: (312) 440-8900</td>
<td>Website: <a href="http://www.adha.org">http://www.adha.org</a></td>
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The American Academy of Pediatric Dentistry (AAPD) works to achieve optimal oral health for all children and adolescents, including those with special health care needs. AAPD serves primary care and specialty pediatric dentists, as well as general dentists who treat children and adolescents in their practices.

The American Academy of Pediatrics' (AAP’s) Campaign for Dental Health (CDH) is a broad network of oral health advocates, health professionals, child and family organizations, and scientists who are working together to preserve the nation’s oral health gains. CDH shares facts about oral health and strategies, such as community water fluoridation, to prevent oral disease.

AAP’s Section on Oral Health employs multiple forums to educate pediatricians; pediatric dentists; physician assistants; allied health professionals including dental hygienists, dental assistants, nurses, and nurse practitioners; pediatric residents; and pediatric dental residents. The section also focuses on advocacy for children’s oral health and on improving relationships and communication between dental homes and medical homes.

The American Association for Community Dental Programs supports the efforts of staff working in city-, county-, and community-based programs serving the oral health needs of vulnerable populations.

The American Dental Association provides oral health information to dentists and consumers and works to advance the dental profession at the national, state, and local levels.

The American Dental Hygienists’ Association (ADHA) works to ensure access to high-quality oral health care; promote dental hygiene education, licensure, practice, and research; and represent the legislative interests of dental hygienists at the local, state, and federal levels. ADHA serves dental hygienists with the goal of helping them achieve their full potential as they seek to improve the public’s oral health.
Assistance of State and Territorial Dental Directors
3858 Cashill Boulevard
Reno, NV 89509
Telephone: (775) 626-5008
Fax: (775) 626-9268
Website: http://www.astdd.org

The Association of State and Territorial Dental Directors promotes the establishment of national dental public health policy, assists state oral health programs in the development and implementation of programs and policies for preventing oral disease, builds awareness and strengthens public health professionals' knowledge and skills by developing position papers and policy statements, provides information on oral health to health officials and policymakers, and conducts conferences for the dental public health community.

Centers for Disease Control and Prevention
1600 Clifton Road
Atlanta, GA 30329-4027
Telephone: (800) 232-4636
E-mail: cdcinfo@cdc.gov
Website: http://www.cdc.gov
Division of Oral Health: http://www.cdc.gov/oralhealth

The Centers for Disease Control and Prevention (CDC) works to combat disease and supports communities and citizens to do the same. CDC's Division of Oral Health works to improve oral health and reduce oral health disparities by helping states improve their oral health programs, extending the use of proven strategies to prevent oral disease, enhancing efforts to monitor oral disease, contributing to the scientific knowledge base related to oral health and oral disease, and guiding infection control in dentistry.

Centers for Medicare & Medicaid Services
7500 Security Boulevard
Baltimore, MD 21244
Website: https://www.cms.gov

The Centers for Medicare & Medicaid Services (CMS) administers Medicare, Medicaid, the Children's Health Insurance Program, and the Health Insurance Marketplace. CMS services are tasked with modernizing the nation's health care system while providing high-quality care at a low cost. CMS strives to ensure a high-quality health care system, improve access to coverage, and contribute to good health for all Americans.

Indian Health Service
5600 Fishers Lane
Rockville, MD 20857
Website: https://www.ihs.gov/index.cfm
Dental portal: https://www.ihs.gov/DOH

The Indian Health Service (IHS) is responsible for providing federal health services, including oral health services, to American Indians and Alaska Natives. The IHS dental portal serves as a centralized location where staff who work in Indian health care can locate resources to support the operation of effective clinical and community oral health programs.

Maternal and Child Health Bureau
Health Resources and Services Administration
5600 Fishers Lane
Parklawn Building
Rockville, MD 20857
Telephone: (301) 443-2753
E-mail: pvodicka@hrsa.gov
Website: http://www.mchb.hrsa.gov

The Maternal and Child Health Bureau provides leadership, in partnership with stakeholders, to improve the physical, mental, and oral health; safety; and well-being of the maternal and child health population, which includes all women, infants, children, and adolescents and their families.

National Association of Chronic Disease Directors
200 Century Parkway, Suite 250
Atlanta, GA 30345
Telephone: (770) 458-7400
Website: http://www.chronicdisease.org

The National Association of Chronic Disease Directors (NACDD) serves the chronic disease program directors of each state and jurisdiction, connecting them to advocate for preventive health policies and programs, encourage knowledge sharing, and develop partnerships for health promotion. NACDD works to mobilize efforts to
reduce chronic diseases and their associated risk factors through state- and community-based prevention strategies.

**NATIONAL CENTER ON EARLY CHILDHOOD HEALTH AND WELLNESS**

American Academy of Pediatrics  
141 Northwest Point Boulevard  
Elk Grove Village, IL 60007-1098  
Telephone: (888) 227-5125  
E-mail: health@ecetta.info  
Website: http://eclkc.ohs.acf.hhs.gov/hslc/hta-system/health

The National Center on Early Childhood Health and Wellness (NCECHW) provides resources, training, and technical assistance to the child care and Head Start communities on health-related topics (e.g., health literacy, physical health, mental health, nutrition, oral health, and injury and tobacco prevention). NCECHW is funded by the Administration for Children and Families’ Office of Head Start and Office of Child Care in partnership with the Health Resources and Services Administration’s Maternal and Child Health Bureau.

**NATIONAL MATERNAL AND CHILD ORAL HEALTH RESOURCE CENTER**

Georgetown University  
Box 571272  
Washington, DC 20057-1272  
Telephone: (202) 784-9771  
E-mail: OHRCinfo@georgetown.edu  
Website: http://www.mchoralhealth.org

The National Maternal and Child Oral Health Resource Center responds to the needs of professionals working in states and communities with the goal of improving oral health services for pregnant women, infants, children, and adolescents, including those with special health care needs, and their families (MCH population). The resource center collaborates with government agencies, professional associations, foundations, policy and research centers, and voluntary organizations to gather, develop, and share information and materials to promote sustainable oral health services for the MCH population.

**NATIONAL NETWORK FOR ORAL HEALTH ACCESS**

181 East 56th Avenue, Suite 501  
Denver, CO 80216  
Telephone: (303) 957-0655  
Fax: (866) 316-4995  
E-mail: info@nnoha.org  
Website: http://www.nnoha.org

The National Network for Oral Health Access provides oral health professionals working in safety net programs with resources, learning opportunities, and advocacy with the goal of improving the oral health and overall health of populations that are underserved.

**ORAL HEALTH AMERICA**

180 North Michigan Avenue, Suite 1150  
Chicago, IL 60611-4211  
Telephone: (312) 836-9900  
Fax: (312) 836-9986  
E-mail: info@oralhealthamerica.org  
Website: http://www.oralhealthamerica.org

Oral Health America connects communities with resources to drive access to care, increase health literacy, and advocate for policies that improve overall health through better oral health for all Americans, including those who are most vulnerable.

**SOCIETY OF TEACHERS OF FAMILY MEDICINE**

11400 Tomahawk Creek Parkway, Suite 540  
Leawood, KS 66211  
Telephone: (913) 906-6000; (800) 274-7928  
Fax: (913) 906-6096  
E-mail: stmoffice@stfm.org  
Website: http://www.stfm.org

The Society of Teachers of Family Medicine is a membership-based, academic organization committed to improving and enhancing the quality of family-medicine education. The society provides educational research, faculty-development workshops, conferences, and management skill training for family medicine educators.
U.S. PREVENTIVE SERVICES TASK FORCE

540 Gaither Road
Rockville, MD 20850
Telephone: (301) 427-1584
Website: http://www.uspreventiveservices
        taskforce.org

The U.S. Preventive Services Task Force (USPSTF) is an independent panel of nonfederal experts in prevention and evidence-based medicine and is composed of primary care providers. USPSTF conducts scientific evidence reviews of a broad range of clinical preventive health care services and develops recommendations for primary care clinicians and health systems.
Materials Produced by the National Maternal and Child Oral Health Resource Center

- **Bright Futures: Oral Health—Pocket Guide (3rd ed.)**
  - [practice guide](http://mchoralhealth.org/pocket.php)

- **Child and Adolescent Oral Health Issues**
  - [fact sheet](http://mchoralhealth.org/PDFs/issues.pdf)

- **Fluoride Varnish: An Effective Tool for Preventing Dental Caries**
  - [fact sheet](http://mchoralhealth.org/PDFs/flvarnishfactsheet.pdf)

- **Getting Fluoride for Your Child**
  - [handout]
    - English: [getting-flouride.pdf](https://eclkc.ohs.acf.hhs.gov/hslc/tta-system/health/oral-health/PDFs/getting-flouride.pdf)

- **Maryland’s Mouths Matter: Fluoride Varnish and Oral Health Screening Programs for Kids—Training for EPSDT Medical Providers in Maryland**
  - [curriculum](http://www.mchoralhealth.org/flvarnish)

- **Resource Highlights: Fluoride Varnish**
  - [resource guide](http://mchoralhealth.org/highlights/fluoride-varnish.php)

- **Smiles for Ohio: Fluoride Varnish—Training for Primary Medical Care Providers Serving Children Enrolled in Medicaid**
  - [curriculum](http://www.ohiodentalclinics.com/curricula/smiles)