Focus on Oral Health
November 1997
MCH Program Interchange

The MCH Program Interchange is a periodic publication designed to stimulate thinking and creativity within the Title V community by providing information about selected publications of current interest. These publications have been developed by or are available from federal agencies, state and local public health bureaus, and voluntary and professional organizations. The materials cited in the Interchange have been incorporated into the MCH Library at the National Center for Education in Maternal and Child Health (NCEMCH). All items in the MCH Library are available for loan to those involved in Title V programs, or copies of listed materials can be requested directly from the contributing organizations and agencies. When ordering materials from the National Maternal and Child Health Clearinghouse, refer to the Inventory Code (Inv. Code) number located with the contact information. Inclusion of items in the Interchange does not imply endorsement by the MCH Library or NCEMCH. States are encouraged to duplicate the Interchange for sharing with other individuals and agencies within the state.

This issue of the MCH Program Interchange is available electronically on NCEMCH’s home page on the World Wide Web (http://www.ncemch.org). Documents cited are part of the MCH Library at the National Center for Education in Maternal and Child Health (MCH) sub-file of the Combined Health Information Database (CHID), available electronically on the Internet at http://child.nih.gov.

Notes: Brackets indicate that the information has been supplied by the cataloger. Brackets with a question mark indicate that the information is uncertain.

The names of some agencies may have changed since the materials listed in this Interchange were published. Differences between bibliographic citations and contact information may be due to our practice of describing the items as they were published and providing the most current contact information available.

NCEMCH MISSION

NCEMCH is dedicated to improving the health of mothers and children by collecting and disseminating information, providing continuing education, managing projects and programs, performing policy analysis, and advancing a national agenda in maternal and child health. Established in 1982 at Georgetown University, NCEMCH is part of the Georgetown Public Policy Institute. NCEMCH is funded in part by the U.S. Department of Health and Human Services through the Health Resources and Services Administration’s Maternal and Child Health Bureau.

Upcoming Topics

FOCUS ON THE HEALTHY START INITIATIVE, SPRING 1998
FOCUS ON ORAL HEALTH, SPRING 1998

NCEMCH is interested in receiving copies of materials related to areas of maternal and child health services that would be useful in program development and evaluation. Tools for needs assessment, policy statements, guidelines and standards, record formats, and special reports are especially welcome. If you have any materials that you think might be of interest and help to colleagues, please forward two copies to NCEMCH at the address noted.

This publication has been produced by the National Center for Education in Maternal and Child Health under its cooperative agreement (MCU-119301) with the Maternal and Child Health Bureau, Health Resources and Services Administration, Public Health Service, U.S. Department of Health and Human Services.
Focus on Oral Health

November 1997

MCH PROGRAM

Interchange

Contents

From the Desk of ...................................................... ii

General Materials for Professionals .............................. 1
Policy ................................................................. 1
Guidelines, Manuals, and Models .............................. 4
Head Start ........................................................... 9
State/County Profiles and Needs Assessments ............ 11

General Consumer Education Materials ...................... 13
Catalogs .............................................................. 13
Curricula ............................................................ 14
Pamphlets, Brochures, etc. ...................................... 17

Topic-Specific Materials for Consumers and Professionals ................................. 20
Early Childhood Caries/Baby Bottle Tooth Decay ....... 20
Children with Special Health Needs ......................... 22
Fluoride ............................................................. 23
Injury/Violence Prevention .................................... 25
Dental Sealants .................................................... 27
Oral Cancer/Tobacco Products ................................. 29

Oral Health Organizations ....................................... 31
Index ........................................................................ 34
Beginning with the 1989 Public Health Service Workshop on Oral Health for Mothers and Children, there has been a growing awareness of the need for a mechanism to collect and distribute timely information on oral health issues to the public and private sectors. Children's Dental Services Under Medicaid: Access and Utilization, a report published by the Office of Inspector General in 1996, further illustrated this need and recommended a coordinated approach to developing and identifying demonstrated projects, grants, and other activities that would improve access to and use of oral health services.

As the lead federal agency that addresses the health concerns of mothers and children, the Maternal and Child Health Bureau (MCHB) is very aware of the need to develop a means of sharing information about projects that enhance oral health access and services. MCHB realizes that programs are implemented at the state and local levels, yet it is at the local level that information and assistance are most difficult to obtain. Many additional programs could be initiated, improved, and sustained if there were an easy-to-use method for sharing materials, information, and experiences.

The MCH Program Interchange: Focus on Oral Health was designed by MCHB and the National Maternal and Child Oral Health Resource Center at NCEMCH to assist and support states, communities, academic institutions, policymakers, and others interested in meeting the oral health needs of mothers, children, and their families. This publication is a tool for exchanging information so that programs can share with and learn from each other.

MCHB and the National Maternal and Child Oral Health Resource Center are in the beginning stages of building an infrastructure to serve the MCH community. The Resource Center can only be as useful and successful as we make it. Gathering information and materials from oral health programs and sharing them with others are critical to this process. If you have oral health program materials and/or information that you feel could benefit others, please become part of this process. If you wish to access the materials and information contained in the Resource Center, please use our expertise. We can be effective only if we work together.
General Materials for Professionals

POLICY

CHILD AND FAMILY HEALTH SERVICES: ORAL HEALTH ASSESSMENT, DENTAL STANDARDS


This script was written to accompany a slide presentation for practitioners. The script covers the salient features of an oral assessment for children and adults and describes dental modules on the following topics: baby bottle tooth decay, child abuse and neglect, dental caries, development and developmental disturbances, fluoride, oral hygiene and individual modifications, oral manifestations of AIDS, oral pathology, periodontal disease, personal habits, safety, sealants, and tobacco use.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org.

CHILDREN’S DENTAL SERVICES UNDER MEDICAID: ACCESS AND UTILIZATION


This report presents the results of an assessment of the Early and Periodic Screening, Diagnostic and Treatment (EPSDT) dental services program. The report indicates reasons why many children are not receiving the oral health care they need and reviews various state initiatives to improve access and utilization. Included in the report is background information on EPSDT and the goals of Oral Health 2000, a component of Healthy People 2000. The report describes the evaluation methodology, presents its findings, and includes recommendations for future modifications.


EQUITY AND ACCESS FOR MOTHERS AND CHILDREN: STRATEGIES FROM THE PUBLIC HEALTH SERVICE WORKSHOP ON ORAL HEALTH OF MOTHERS AND CHILDREN


This publication presents the proceedings of a 1989 meeting of 125 nationally recognized health professionals and consumer advocates, held in Alexandria, Virginia. Participants examined the oral health needs of mothers and children in the United States and formulated recommendations for health agencies and governments in the areas of public education; professional education; coalitions, advocacy, and collaboration; health policy; and data collection, evaluation, and research. [Funded by the Maternal and Child Health Bureau]

Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Web site: http://www.circsol.com/mch. Available at no charge. NMCHC inv.code D073.

FEDERALLY DESIGNATED DENTAL HEALTH PROFESSIONAL SHORTAGE AREA GUIDEBOOK

This guidebook is designed to further the goal of the National Health Service Corps to increase services to populations in underserved areas by helping candidates prepare applications to qualify as federally designated oral health professional shortage areas (HPSAs). The guidebook covers geographic, special population, and facility dental HPSAs and includes flow charts, suggested data resources, sample requests and worksheets, and other information.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan.

MATERNAL AND CHILD ORAL HEALTH REGIONAL WORKSHOPS: SUMMARY REPORT


This report summarizes the organizational aspects and outcomes of a series of seven regional workshops on the oral health of mothers and children, sponsored by the federal Maternal and Child Health Bureau in 1991. The workshops focused on developing collaborative strategies and action plans to address oral health issues at state and local levels. They also identified successes and shortcomings in current programs. [Funded by the Maternal and Child Health Bureau]

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Photocopy available at no charge. NCEMCH inv.code H009.

ORAL HEALTH FOR MOTHERS AND CHILDREN IN REGION V: BLUEPRINT FOR THE FUTURE—FINAL REPORT


This document brings together materials from the conference Oral Health for Mothers and Children in Region V: Blueprint for the Future, held March 7–8, 1991, in Chicago, Illinois. Contents include a description of the workshop; the agenda; lists of strengths, weaknesses, strategies, and action plans identified by individual state work groups; the participants list; a list of oral health resource personnel; summary statements of national oral health issues; a discussion of recent developments that influence oral health services for mothers and children; the Healthy People 2000 oral health objectives; and a background paper on children's dental services under the Medicaid program. Conducted in cooperation with several other groups, the conference was funded by the U.S. Public Health Service, Maternal and Child Health Bureau, Family Planning Branch, Region V, and by the Health Care Financing Administration, Region V.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan.

ORAL HEALTH AND PRIMARY CARE


This report examines the relationship between oral health and policy factors relating to the development of public health procedures to improve oral health. The report includes an overview of the issue, presents background information on the epidemiology of oral diseases such as caries and baby bottle tooth decay, considers the role of diet in oral diseases, and reviews the implications for children with special health needs. The report considers factors relating to public health policies such as access to care, funding, and dissemination of information, and examines methodologies for improving relationships between the medical and oral health professions. Also included are references and appendices containing standards and guidelines for the delivery of services. [Funded by the Maternal and Child Health Bureau]

Contact: Center for Health Policy Research, George Washington University, 2021 K Street, N.W., Suite 800, Washington, DC 20052. Telephone: (202) 530-2300; fax: (202) 296-0025. Available at no charge.
ORAL HEALTH PROVIDERS AS PRIMARY CARE PROVIDERS UNDER EPSDT


This report considers the effect of Early and Periodic Screening, Diagnostic and Testing (EPSDT) program revisions on the provision of dental care to children and adolescents covered by the program. The 1989 Omnibus Budget Reconciliation Act (OBRA '89) included oral health professionals as primary health providers under the terms of the original program. The introduction reviews the background of the EPSDT program and the OBRA '89 changes. The report then considers the feasibility of using dentists and dental hygienists as primary care providers, reviews the advantages of doing so, and recommends policy changes to increase the role of oral health providers in primary care. [Funded by the Maternal and Child Health Bureau]


PEDIATRIC ORAL HEALTH


This report describes the status of pediatric oral health and the advances made in the last two decades. It presents various sides of significant issues in the oral health of children and focuses on the epidemiology of oral diseases, contemporary preventive methods, treatment strategies for the most common oral/dental defects, and the oral needs of patients with special health needs. Included in the report are recommendations by the American Academy of Pediatric Dentistry concerning preventive pediatric dental care. [Funded by the Maternal and Child Health Bureau]


PRESENT AND PROJECTED DENTAL PROVIDER PARTICIPATION IN THE CONNECTICUT MEDICAID MANAGED CARE PROGRAM: IMPACT ON DENTAL CARE ACCESS


This report describes a survey of Connecticut general practice and pediatric dentists concerning their participation in Medicaid managed care programs for children. Tables and charts illustrate the data.

Contact: Stanton H. Wolfe, D.D.S., M.P.H., State Oral Health Director, Department of Public Health, M.S. #11 DNT, 410 Capitol Avenue, P.O. Box 340308, Hartford, CT 06134-0308. Telephone: (860) 509-7807. Single copies available at no charge.

PROCEEDINGS AND RECOMMENDATIONS FROM THE NATIONAL ALLIANCE FOR ORAL HEALTH'S CONSENSUS CONFERENCE ON MEDICALLY NECESSARY ORAL HEALTH CARE


This issue of SCD Special Care in Dentistry contains three papers: The Costs and Consequences of Neglected Medically Necessary Oral Care, What Is Currently Available in Terms of Medically Necessary Oral Care, and Consensus Conference on Medically Necessary Oral Health Care: Legal Issues. This issue also presents recommendations of the consensus conference and contains position statements from the American Academy of Pediatric Dentistry, the Cleft Palate Foundation, the American Dental Association, and the Federation of Special Care Organizations.

Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Website: http://www.circsol.com/mch. Available at no charge. NMCHC inv.code J093.
SPECIAL ISSUE ON ORAL HEALTH


This issue of the ASTHO School Health Report describes oral health education and prevention programs at local, state, and national levels. Articles cover reviews of school-based dental sealant programs, the provision of oral health services in school clinics, the commemoration of the 50th anniversary of fluoridation in drinking water, and a review of the Illinois oral health prevention program, among others. A list of state health agency dental program directors is included.


STATE MEDICAID DENTAL MANAGED CARE SURVEY


This report presents the results of a survey of the 50 states and Puerto Rico concerning the status of each state’s Medicaid dental managed care program. Of the 31 respondents, 14 states indicated having some or all Medicaid-eligible persons covered under a Medicaid dental managed care program; 9 other states are studying the feasibility of such a program. The survey addressed eligibility requirements, utilization, covered services for children and for adults, types of providers, reimbursement methods, and capitation fees of Medicaid dental managed care programs.

Contact: Gordon Empey, D.M.D., M.P.H., Director, Multnomah County Health Department, 426 S.W. Stark Street, Eighth Floor, Portland, OR 97204. Telephone: (503) 248-3674; fax: 503-248-3676; e-mail: gordon.b.empey@co.multnomah.or.us. Single copies available at no charge.

GUIDELINES, MANUALS, AND MODELS

ACCESS TO BABY AND CHILD DENTISTRY: REGISTRATION TRAINING MANUAL


This manual provides training for health professionals in the Spokane community who have clients who qualify for the Access to Baby and Child Dentistry (ABCD) program. Established in 1995, the ABCD program is designed to increase dental access to children ages 0–3 who live in Spokane County and receive medical assistance coupons. The manual describes the program, explains how to register a child, helps parents understand why a young child should see a dentist and how to prepare the child for a dental visit, and presents information about fluoride varnish.

Contact: Michele A. Vanderlinde, Ph.D., M.S., Oral Health Coordinator, Health Education/Health Promotion, Spokane County Health District, 1101 West College Avenue, Suite 401, Spokane, WA 99201-2095. Telephone: (509) 324-1550; fax: (509) 324-1599. Single copies available at no charge.
ASSESSING ORAL HEALTH NEEDS: ASTDD SEVEN-STEP MODEL

A ssociation of State and Territorial Dental Directors. [ca. 1995]. Assessing oral health needs AST D D seven-step model. [ Jefferson City, MO ]. Association of State and Territorial Dental Directors. 250 pp., 1 videotape (11 minutes, VHS 1/2 inch).

T his manual presents a model for performing dental needs assessments at the state and community level as part of developing an oral health plan. The manual reviews federal requirements for state assessments; the introduction provides an overview of the seven steps in the model developed by the Association of State and Territorial Dental Directors (ASTDD). Following a brief discussion of needs assessment theories, the manual indicates how to collect and analyze data systematically for translation into an action plan. The document includes a lengthy hypothetical example; appendices contain a number of supplemental materials. The brief videotape included can be used to introduce the model to groups that are new to the needs assessment process. The contents of the manual are also available in electronic format for IBM-compatible software on two 3-1/2 inch disks. A related publication, Oral Health Examination Survey Manual, explains how to conduct such surveys as part of a needs assessment. [Funded by the M aternal and C hild H ealth Bureaus]

C ontact: N ational M aternal and C hild H ealth C learinghouse, 2070 C hain B ridge R oad, S uit e 450, V ienna, V A 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; W eb site: http://www.circsol.com/mch. $60.00 for set of five items; items no longer available individually. N M C H C inv.code J006 (set of five items includes manual, companion document, videotape, and Ohio and Washington surveys).

BRIGHT FUTURES IN PRACTICE: ORAL HEALTH QUICK REFERENCE CARDS


T hese cards provide information for families and health professionals to use in supervising the oral health of infants, children, and adolescents. They list topics that families should be prepared to discuss with the provider at each health visit, and the services they should expect from dental and health professionals. For each stage of growth (infancy, early childhood, middle childhood, and adolescence), the cards list interview questions, desired health outcomes, and anticipatory guidance for parents so oral health problems can be avoided. The cards also list risk factors for dental caries, periodontal disease, malocclusion, and injury, and steps that can be taken to protect against these problems. [Funded by the M aternal and C hild H ealth Bureaus]

C ontact: N ational M aternal and C hild H ealth C learinghouse, 2070 C hain B ridge R oad, S uit e 450, V ienna, V A 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; W eb site: http://www.circsol.com/mch. A vailable at no charge. N M C H C inv.code J040.
COMPRENDIUM OF COMMUNITY PREVENTIVE DENTISTRY AWARD WINNING ENTRIES


This booklet lists the program recipients of the Community Preventive Dentistry Award presented by the American Dental Association from 1979 to 1994. The booklet is supplemented by periodic addenda that list the awards for subsequent years. Entries include the name of the program recipient, the award presented, a brief description of each program, and the name of the person who submitted the entry. Entries in the booklet are organized topically within these categories: baby bottle tooth decay; oral health for low-income communities; fluoridation; fluoride rinse programs; oral cancer; oral health education for teachers, children, parents, and communities; Head Start; periodontal awareness for professionals; smokeless tobacco; and oral health for patients with special health needs. Entries in the addenda are organized by the level of award conferred on the program.

Contact: Council on Access, Prevention and Interprofessional Relations, American Dental Association, 211 East Chicago Avenue, Chicago, IL 60611-2678. Telephone: (312) 440-2673. Single copies available at no charge.

DENTAL HEALTH MANUAL FOR SCHOOL NURSES


This reference manual is designed to help school nurses provide leadership for successful dental health programs in school settings. The manual features dental facts, a glossary, inspections and screenings, dental care programs, first aid, a recommended curriculum, and appendices. A pocket folder includes brochures and other handouts.

Contact: Sandra Tesch, R.D.H., M.S.H.P., Bureau of Dental Health Services, Texas Department of Health, 1100 West 49th Street, Austin, TX 78756. Telephone: (512) 458-7323; fax: (512) 458-7249; e-mail: stesch@dental.tdh.state.tx.us; Web site: http://www.tdh.state.tx.us. Available at no charge; written requests only.

GUIDELINES FOR DENTAL COMPONENT OF CHILD HEALTH PROJECTS


These guidelines indicate ways that clinic personnel working in Child and Family Health Services programs in Ohio can help clients improve their oral health. Focusing on oral health screening and on oral health counseling by health professionals, the guidelines include a sample oral health history, suggested procedures for screening, forms for use during counseling, and instructions relating to their implementation. Questions in the oral health history cover dental hygiene, fluoride, sealants, use of tobacco, and involvement in sports.

Contact: Shannon Cole, R.D.H., B.S., Division of Family and Community Health Services, Bureau of Oral Health Services, Ohio Department of Health, 246 North High Street, P.O. Box 118, Columbus, OH 43266-0118. Telephone: (614) 466-4180; fax: (614) 728-3616; e-mail: sacle@odh.state.oh.us; Web site: http://www.odh.state.oh.us. Available at no charge; written requests only.

GUIDELINES FOR DENTAL COMPONENT OF PERINATAL PROJECTS


These guidelines indicate ways that perinatal staff working in Child and Family Health Services programs in Ohio can help women improve their oral health. The guidelines include a sample oral health history designed to gather information about the individual’s oral health, suggested procedures to follow during a screening, sample forms for use during oral health counseling, and instructions for implementing the guidelines. Questions in the oral health history cover general dental hygiene, fluoride, and the woman’s planned method of feeding her baby.

Contact: Shannon Cole, R.D.H., B.S., Division of Family and Community Health Services, Bureau of Oral Health Services, Ohio Department of Health,
HEALTH AND SAFETY IN FAMILY DAY CARE: AN INTRODUCTORY COURSE FOR FAMILY DAY CARE PROVIDERS—ORAL HEALTH

Ohio Department of Health, and Ohio Department of Human Services, 1991. Health and safety in family day care: An introductory course for family day care providers—Oral health. Columbus, OH: Ohio Department of Human Services. 1 notebook with trainer guide, 9 handouts, 1 videotape (14:28 minutes, VHS 1/2 inch), 6 evaluation forms. This training package is designed to make child care providers aware of their role in creating a safe and healthy environment for children in their care. The module on oral health is one of eight one-hour teaching modules prepared for child care providers to meet Ohio child care provider certification requirements. The self-contained module includes goals, learning objectives, learning strategies, evaluation criteria, teaching aids and resources, and participant handouts. The module presents information on common symptoms of teething, the importance of primary teeth, the care of children's teeth, baby bottle tooth decay, prevention of oral injuries, and appropriate responses to dental emergencies. Complete instructions are included to guide the trainer in preparing for the sessions. A videotape is included. [Funded in part by the Maternal and Child Health Bureau]

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan.

MANUAL FOR A SUPPLEMENTAL DENTAL PROVIDER NETWORK SERVING PRESCHOOL CHILDREN


This manual describes a model for providing oral health care to preschool children living in the rural areas of Alaska through a supplemental network. The manual provides an introduction describing the context for the creation of the model, an overview, and detailed discussion of the components of the model. The roles of the oral wellness curriculum, dental advocates, the dental team, and standards of care in the model are all described. The manual also explains how oral health care providers and Head Start administrators in rural areas can use these principles to develop such networks locally.


ORAL HEALTH ASSESSMENT GUIDELINES


This manual, developed for use by local health jurisdictions in Washington state, provides guidelines on how to assess data on the oral health of the population living in the local communities. The guidelines define secondary data and provide instructions for gathering and assessing these data. The document outlines a 10-step process for assessing oral health status. Appendices include some of the essential data resources needed to implement the guidelines, such as demographic data, data derived from the Washington Smile Survey on the oral health of high-risk children and adolescents in public schools, and financial support. Other materials include a booklet containing facts on fluoridation, and a sample dental health survey carried out in Spokane County. The manual is to be used in coordination with the Maternal and Child Health Assessment Notebook.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan.
ORAL HEALTH EXAMINATION SURVEY MANUAL: A COMPANION DOCUMENT TO ASSESSING ORAL HEALTH NEEDS—ASTDD SEVEN-STEP MODEL


This manual explains the process of taking an oral health survey and reviews various procedures for planning and conducting an oral epidemiologic survey. The manual covers the following steps: identifying the target population and selecting the sample, gaining approval, making on-site arrangements, promoting and marketing the survey, obtaining equipment and supplies, providing for staffing and training, addressing infection control, conducting the examination, recording data, and gathering follow-up information. The manual was developed as a companion to the Association of State and Territorial Dental Directors’ seven-step model Assessing Oral Health Needs.

Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Web site: http://www.circsol.com/mch. $60.00 for set of five items; items no longer available individually. NMCHC inv.code J006 (set of five items includes manual, companion document, videotape, and Ohio and Washington surveys).

PARTNERS IN PREVENTION: HEALTH PROMOTION/ DISEASE PREVENTION PROGRAM PLANNING, IMPLEMENTATION AND EVALUATION


This manual, written for health professionals interested in the oral health of Native Americans and Alaskan Natives, outlines steps for planning prevention programs to meet the oral health needs of these populations. Background materials present the rationale for planning, describe the organization of the manual, include a planning checklist, and review the provisions of amendments to federal legislation pertaining to the oral health of this population and the Healthy People 2000 objectives. The manual includes planning modules that address caries prevention, periodontal disease prevention, tooth loss, edentulism, baby bottle tooth decay and rampant caries, tobacco prevention and control, and access to care. References and resource lists are included.

Contact: Candace Jones, Indian Health Service, Dental Field Support and Program Development Section, U.S. Department of Health and Human Services, 5300 H omestead Road, N.E., Albuquerque, NM 87110. Telephone: (505) 248-4175; fax: (505) 248-4181; e-mail: jonesc@smtp.ihs.gov. Single photocopies available at no charge.
REVISED POLICY ON ELIMINATING THE RISK OF INFECTIOUS DISEASE TRANSMISSION THROUGH TOOTHBRUSHES


These guidelines update the 1986 Dental Disease Prevention Program policy on toothbrush storage and handling in classroom settings and the effect of such policies in preventing the transmission of HIV, hepatitis B, and other infectious diseases. The revised policy includes background information and a summary; reviews the risk of transmission of diseases through the handling of toothbrushes; and contains recommendations for children's use, handling, and replacement of toothbrushes. The guidelines are accompanied by the California Occupational Safety and Health Administration's bloodborne pathogen standard and attachments.

Contact: Andrea Azevedo, B.D.S., M.P.H., Dental Health Consultant, Office of Dental Health Services, California Department of Health Services, P.O. Box 942732/MS 725, Sacramento, CA 94234-7320. Telephone: (916) 445-2510; fax: (916) 324-7763; e-mail: aazevedo@hwl.cahwnet.gov. Single copies available at no charge.

THE TWO-MINUTE DENTAL EXAMINATION

Los Angeles County Child Health and Disability Prevention Program, and University of Southern California. 1992. The two-minute dental examination. Los Angeles, CA: University of Southern California. 1 videotape (VHS, 1/2 inch, 7 minutes).

This seven-minute videotape was produced by the Los Angeles County Child Health and Disability Prevention (CHDP) Program and the University of Southern California. Designed to assist in fulfilling the dental component of the CHDP Program, this videotape for dental health care providers demonstrates a two-minute comprehensive oral assessment. The dental assessment covers signs of baby bottle tooth decay; examination of gums, soft tissues, and teeth; and occlusion. Fluoride supplement recommendations are also reviewed. A brief section covers procedures for completing the PM 160 form.

Contact: Niel Nathason, University of Southern California Dental School, 924 West 34th Street, Los Angeles, CA 90089-0641. Telephone: (213) 740-1523; fax: (213) 740-8663. $15.00 includes shipping and handling.

HEAD START

ALASKA HEAD START HEALTH IMPROVEMENT INITIATIVE DENTAL PROJECT: EXECUTIVE SUMMARY AND FINAL REPORT


This report summarizes the activities of the dental health component of the Alaska Head Start Health Improvement Initiative, a cooperative effort between various state health agencies and Head Start, aimed at improving the oral health of students in the program. The executive summary provides an overview of the project's goals, activities, and recommendations. The final report provides context for the project by elaborating on health status in Alaska and presents recommendations on the design of the project and its implementation. Appendices include evaluation tools, a framework for anticipatory guidance, and a sample record to be used in implementing the guidance, an example of one unit of an oral wellness curriculum, and sample pages of a directory of children's dental services.


ALASKA HEAD START ORAL WELLNESS CURRICULUM


This teaching guide, developed for use by home visitors working with the parents of children in the Head Start program, covers topics to involve the parents in improving the overall oral health of their children. It includes several lessons for each of these broad topics: oral hygiene, diet, weaning, and parental support, and a visit to the dentist. This guide outlines the teaching objectives and strategies as well as the content for each
lesson; the text accompanying the diagrams and illustrations in each lesson is in English and Spanish. The guide was prepared under the auspices of the Alaska Head Start Health Improvement Initiative.


HEAD START DENTAL CONSULTANT MANUAL

This manual provides standards for the Head Start dental consultation process and guidance in the interpretation of the Head Start performance standards. The document presents an overview of the Head Start program, describes general goals and objectives of the dental component, details roles and responsibilities of dental consultants, provides written resource and reference material, and standardizes the national dental consultation and reporting system. [Funded in part by the Maternal and Child Health Bureau]

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan.

SPECIAL ISSUE ON HEAD START AND DENTAL HEALTH

This issue of the National Head Start Bulletin includes several articles about dental health and Head Start. Articles address a range of issues: informing teachers and parents about steps to promote good oral health, selecting the contents of a dental play kit, working with the dental community, preparing children for a visit to the dentist, adapting materials for cultural relevance, and preventing baby bottle tooth decay.

Contact: Head Start Publications Management Center, U.S. Department of Health and Human Services, Washington, DC 20201. Fax: (703) 683-5769. Single copies available at no charge; requests for multiple copies considered; faxed requests only.

STANDARDS OF CARE FOR ALASKAN DENTAL PROFESSIONALS EXTENDING ORAL HEALTH CARE TO HEAD START FAMILIES

These policies and guidelines were developed for dental professionals who provide services to Alaskan families whose children are in Head Start. The volume provides background information on the Alaskan Head Start Health Improvement Initiative and its efforts to improve the oral health of children in Head Start programs. One section presents oral health policies; another contains oral health guidelines. Each section includes general information accompanied by recommendations specific to the needs in Alaska. The initiative itself is a collaborative effort of the federal Head Start program, the Alaska Area Native Health Service, and the Alaska Department of Community and Regional Affairs.


THE DENTAL HEALTH PROFESSIONAL’S SCREENING WORKSHOP FOR YOUNG CHILDREN

This manual was developed by Region II of the U.S. Department of Health and Human Services to provide training to Head Start grantees so that a broader range of individuals can refer children for follow-up dental treatment. The first part of the manual contains a rationale for performing dental screenings, a how-to section, and suggested forms. The second part, which
contains 68 slides illustrating normal and abnormal conditions, enables trainees to categorize children's dental health according to priority classifications. The third part contains additional slides that workshop participants can use to test their grasp of the information presented.

**Contact:** Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Available for loan. N M C H C inv.code G 054.

**STATE/COUNTY PROFILES AND NEEDS ASSESSMENTS**

**MONTANA DENTAL NEEDS ASSESSMENT:** SECONDARY DATA


This report presents information on the role of a needs assessment in developing preventive oral health programs and describes Montana's statewide dental health needs assessment project. The report reviews the data currently available and the data needed to carry out such an assessment for three age groups: infants and children under 5, children and adolescents 5–17, and adults 18 and older. For each group, the report identifies the data available in the state, the data needed, and the rationale for data collection. The report also contains information on the Behavioral Risk Factor Surveillance System and presents related data collected during a 1994 survey. The survey gathered data on the population's knowledge of dental sealants, use of fluoride, personal dental hygiene, availability and use of insurance for dental care, and additional questions developed by the state concerning specific aspects of fluoride use.

**Contact:** Donna C. Becker, R.N., M.S.N./Harry Goodman, D.D.S., State Dental Health Officer, Department of Child Health, Montana Department of Health and Well Being, 201 West Preston, Baltimore, MD 21201. Telephone: (410) 767-6748 or 767-5688. Single copies available at no charge.

**ORAL HEALTH STATUS OF MARYLAND SCHOOL CHILDREN: EXECUTIVE SUMMARY**


This paper presents statistics derived from a study conducted to gain information about the oral health of children in Maryland schools. The study sought to determine the tooth decay rate of this population, to compare the rate to that of children nationwide, to ascertain whether there are correlations between the decay rate and the children considered to be at high risk, to evaluate whether Maryland's children receive the same level of dental care as other children in the United States, and to examine health services utilization and health care reimbursements with reference to the dental care received by the children.

**Contact:** Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Photocopy available at no charge.

**OUR CHILDREN’S TEETH: BEYOND BRUSHING AND BRACES**


This report describes the status of children's oral health in California, based on the results of a needs assessment conducted in 1993–94. The report presents the rationale for the assessment, describes its design, and presents and discusses the findings concerning infants, school-age children, and adolescents. The document also reviews existing state programs, specifically considers the need for fluoridation programs, and concludes with recommendations for improving the oral health of children in the state.

**Contact:** Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. Photocopy available at no charge.
SPOKANE COUNTY DENTAL HEALTH SURVEY


This report presents the findings of a telephone survey that profiled the knowledge and attitudes of a cross-section of Spokane County residents concerning dental health. In addition to a methodology overview and respondent profile, the report presents detailed findings about dental health, dental visits, payment for dental care, dental care settings, attitudes about dental visits, dental sealants, fluoridation, baby bottle tooth decay, and sources of dental information. The survey questionnaire is included as an appendix.

Contact: Michele Vanderlinde, Ph.D., Oral Health Coordinator, Spokane Regional Health District, 1101 West College Avenue, Spokane, WA 99201. Telephone: (509) 324-1550; fax: (509) 324-1599; e-mail: mvanderlinde@spokanecounty.org. Single copies available at no charge.

THE ORAL HEALTH OF COLORADANS 1994


This report presents data collected from Colorado's first statewide oral health needs assessment. Topics covered in this report are tooth decay, periodontal disease, missing teeth, gingivitis, tobacco, sealants, fluoride, school screenings, cleft palate, cleft lip, and Medicaid assistance. The report presents figures, maps, and tables to illustrate many of these topics and to document the incidence of some of these conditions statewide. An appendix contains the Healthy People 2000 oral health objectives.

Contact: Diane Covington, Colorado Department of Public Health and Environment, 4300 Cherry Creek Drive South, Denver, CO 80222-1530. Telephone: (303) 692-2360; fax: (303) 782-5576; e-mail: diane.covington@state.co.us. Single copies available at no charge.

SYNOPSIS OF STATE DENTAL PUBLIC HEALTH PROGRAMS


This collection of fact sheets summarizes public health programs that provide oral or dental health services in the states. Organized by state, each fact sheet provides information on state population and its concentration in rural and urban areas, funding sources, availability of dental professionals, public health staff assigned to oral health activities, and descriptions of state programs. The fact sheets also include a table that indicates core public health activities (assessment, policy, and assurance) undertaken by the state oral health program in order to determine the oral health status and oral health risk of the population, and the health resources available.

Contact: Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Web site: http://www.circsol.com/mch. $60.00 for set of five items; items no longer available individually. NMCHC inv.code J006 (set of five items includes manual, companion document, videotape, and Ohio and Washington surveys).
THE ORAL HEALTH SURVEY AND NEEDS ASSESSMENT IN CONNECTICUT: A DETERMINATION OF THE PREVALENCE OF DENTAL DISEASE IN GRADE SCHOOL CHILDREN


This report describes a survey of the oral health of three groups of school children (2nd grade, 7th grade, and 11th grade) in Connecticut. The survey sought information on the children's decayed, missing, and filled teeth, deciduous and permanent. The survey sample involved schools within each of the state's five geographic regions; the schools were stratified into three income levels (using the number of children participating in the free or reduced-cost lunch program as a proxy for economic status). The report presents survey methods, results, and recommendations.

Contact: Stanton H. Wolfe, D.D.S., M.P.H., State Oral Health Director, Department of Public Health, M S #11 D NT, 410 Capitol Avenue, P.O. Box 340308, Hartford, CT 06134-0308. Telephone: (860) 509-7807. Single copies available at no charge.

WASHINGTON STATE SMILE SURVEY: A CHILDREN'S ORAL HEALTH ASSESSMENT REPORT


This report presents the results of a survey on the oral health of high-risk children in 11 counties in Washington State. Conducted during the 1993–94 school year; the survey covered children ages 4, 6–8, and 14–16 in randomly selected schools. The report includes background information on dental health as a component of public health policy and on recent initiatives to assess the oral health conditions in the state. It describes the design and implementation of the survey, and presents and discusses the findings on children in Head Start or the Early Education Assistance Program and on those in elementary or high schools. The report recommends strategies for developing programs to respond to the oral health needs of these groups.

Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Web site: http://www.circsol.com/mch. $60.00 for set of five items; no longer available individually. NM C H C inv.code J006 (set of five items includes manual, companion document, videotape, and Ohio and Washington surveys).

G eneral C onsumer E ducation M aterials

CATALOGS

BIBLIOGRAPHY OF PUBLICATIONS RELATING TO THE ORAL HEALTH OF AMERICAN INDIANS/ALASKA NATIVES


This bibliography lists journal articles, monographs, and abstracts published since the 1930s, focusing on the oral health of Native Americans and Alaskan Natives.

Contact: Candace Jones, Indian Health Service, Dental Field Support and Program Development Section, U.S. Department of Health and Human Services, 5300 Homestead Road, N.E., Albuquerque, NM 87110. Telephone: (505) 248-4175; fax: (505) 248-4181; e-mail: jonesc@smtp.ihs.gov. Single photocopies available at no charge.

ORAL HEALTH EDUCATION CATALOG OF RECOMMENDED MATERIALS AND PROGRAMS


Produced by the Indian Health Service, this periodic catalog of dental health education materials is divided
into the following broad categories: baby bottle tooth decay, children’s oral health, sealants, nutrition and oral health, periodontal diseases, oral health for people with disabilities, fluorides and fluoridation, oral hygiene instruction, pregnancy and oral health, tobacco, and general oral health. Materials listed include pamphlets, videotapes, slide presentations, and other health education materials. For each category, program descriptions follow the list of materials. Entries provide information on title, target audience, format, cost, and source. The methodology for selecting and rating these materials is described; some, but not all, of the items were tested for degree of difficulty with the SMOG index for reading materials.

**Contact:** Candace Jones, Indian Health Service, Dental Field Support and Program Development Section, U.S. Department of Health and Human Services, 5300 Homestead Road, N.E., Albuquerque, NM 87110. Telephone: (505) 248-4175; fax: (505) 248-4181; e-mail: jonesc@smtp.ihs.gov. Single photocopies available at no charge.

**ORAL HEALTH EDUCATIONAL MATERIALS RESOURCE GUIDE: A COLLECTION OF ORAL HEALTH EDUCATION MATERIALS FOR THE CONSUMER**


This bibliography serves as a resource guide to assist public and private oral and dental health providers in locating and selecting quality patient education materials. Patient education materials are listed in 15 topic areas. Each entry includes reading level (print materials only), abstract, language, target audience, cost, title, and source.

**Contact:** Dental Health Foundation, 4340 Redwood Highway, Number 319, San Rafael, CA 94903. Telephone: (415) 499-4648. $7.95 plus $3.00 shipping and handling.

**ORAL HEALTH: VIDEO RESOURCES**

Nebraska Department of Health and Human Services, Dental Health Section. 1996. Oral health: Video resources. Lincoln, NE: Dental Health Section, Nebraska Department of Health and Human Services. 8 pp.

This annotated directory of oral health resources available in Nebraska via videotape covers these subjects: adult, children, and geriatric populations; fluoride; infection control; mouthguards; sealants; and smokeless tobacco. Some of the resources listed are available in Spanish or Vietnamese. The videotape resources are available on loan; borrowers in Nebraska have priority.

**Contact:** Dr. Kimberly M. Farland, Dental Health Division, Nebraska State Dental Department of Health and Human Services, 301 Centennial Mall South, Lincoln, NE 68509-5007. Telephone: (402) 471-0166; fax: (402) 471-0383; e-mail: doh513@vmhost.cdp.state.ne.us; Web site: http://www.hhs.state.ne.us. Available at no charge.

**SPANISH RESOURCES FOR DENTAL HEALTH**

Nebraska Department of Health and Human Services, Dental Health Section. 1996. Spanish resources for dental health. Lincoln, NE: Dental Health Section, Nebraska Department of Health and Human Services. 2 pp.

This brochure lists dental health resources written in Spanish. Topics include baby bottle tooth decay, children’s dental health, nutrition, oral hygiene instruction, and periodontal disease. The material on baby bottle tooth decay is also available in Vietnamese and English.

**Contact:** Dr. Kimberly M. Farland, Dental Health Division, Nebraska State Dental Department of Health and Human Services, 301 Centennial Mall South, Lincoln, NE 68509-5007. Telephone: (402) 471-0166; fax: (402) 471-0383; e-mail: doh513@vmhost.cdp.state.ne.us; Web site: http://www.hhs.state.ne.us. Available at no charge.

**CURRICULA**

**BRIGHT SMILES, BRIGHT FUTURES: AN ORAL HEALTH EDUCATION INITIATIVE FOR FIRST GRADE**

Colgate-Palmolive Company. 1997. Bright smiles, bright futures: An oral health education initiative for first grade. New York, NY: Colgate-Palmolive Company. 1 teacher’s curriculum guide, 8 story booklets (1 large), 1 set of calendar sheets, 1 audiotape, 1 videotape, 30 pamphlets, 2 wall posters, 1 poster contest entry form.
This kit contains a teacher curriculum guide and materials for promoting dental health among first grade students. The curriculum is divided into six areas: (1) growth and development, (2) emotional health, (3) disease prevention, (4) personal health, (5) nutrition, and (6) safety. The curriculum goals emphasize the relationship between oral health and overall personal health and underline the importance of disease prevention and personal responsibility in the promotion of overall health. The materials are available in both English and Spanish. The kit includes a teacher's curriculum, videotape, audiotape, booklets, pamphlets for parents, a wall poster, and 24 samples of toothpaste.

Contact: Bright Smiles, Bright Futures, Colgate-Palmolive Company, 1133 Broadway, Suite 1123, New York, NY 10010. Telephone: (800) 334-7734. $35.00.

BRIGHT SMILES, BRIGHT FUTURES: AN ORAL HEALTH EDUCATION INITIATIVE FOR THIRD GRADE


This kit contains a teacher's guide and multicultural materials for promoting dental health among third grade students. The purpose of the curriculum is to teach children about good oral health—including toothbrushing, flossing, sealants, and fluoride—by using an approach based on enhancing self-esteem. The kit includes a videotape, storybook, maze poster, wall calendar, teacher's guide, take-home brush charts, activity books, booklets for families, and samples of toothpaste.

Contact: Bright Smiles, Bright Futures, Colgate-Palmolive Company, 1133 Broadway, Suite 1123, New York, NY 10010. Telephone: (800) 334-7734. A valuable at no charge to schools.

DENTAL FUNDAMENTALS: AN INSTRUCTIONAL GUIDE FOR ORAL HEALTH EDUCATION, GRADES K–6


This manual serves as a teacher's guide for educating children in grades K–6 concerning oral health; it includes curriculum components, instructional strategies, and supporting materials. The manual includes the audiotape A Sound Tour of a Dental Clinic and the videotape Seal in a Smile. A packet containing a food models guide to illustrate the nutritional pyramid is also included.

Contact: Shannon Cole, R.D.H., B.S., Division of Family and Community Health Services, Bureau of Oral Health Services, Ohio Department of Health, 246 North High Street, Columbus, OH 43266-0118. Telephone: (614) 466-4180; fax: (614) 728-3616; e-mail: srdh@odh.state.oh.us. $33.00.

DENTAL HEALTH INSTRUCTION MANUAL


This two-part dental health instruction manual has been designed to assist the school nurse or elementary teacher in planning dental health lessons for children in grades 1–6. The first part, Catch a Smile: Weekly Fluoride Mouthrinse Program, contains lessons plans and instructions for promoting dental hygiene and the use of fluoride mouthrinse. The second part, Dental Health: A Supplemental Guide for Teaching Grades 1–6, provides information and classroom lesson plans and activities for teaching basic oral health.

Contact: William C. Maurer, D.D.S., M.P.H., Chief, Dental Health Bureau, Iowa Department of Public Health, Lucas State Office Building, Des Moines, IA 50319-0075. Telephone: (515) 281-4916; fax: (515) 242-6384; e-mail: wmaurer@dph.state.ia.us. Contact source for cost information.

KENTUCKY SMILE CURRICULUM: AN ORAL HEALTH EDUCATION MANUAL = KENTUCKY SMILE CURRICULUM: A DENTAL HEALTH GUIDE FOR CLASSROOM TEACHERS IN KENTUCKY


This teaching guide, developed for use in classrooms in Kentucky, is designed to be integrated into existing health education programs. The guide includes background information on the content and use of the materials, lists the activities by grade and topic, and contains a framework for the curriculum. The guide includes multiple activities for each topic as well as masters of worksheets, charts, and handouts that can be reproduced. Topics include the mouth, tooth development, tooth decay and its prevention, periodontal disease and its prevention, nutrition, smokeless tobacco, malocclusion, accidents, and an overview of dentistry and the dental professions. The teaching guide also includes information for school nurses concerning dental first aid.

**Contact:** Jay Hopkins, Dental Program, Kentucky Department for Public Health, 275 East Main Street, Frankfort, KY 40621. Telephone: (502) 564-3246; fax: (502) 564-8389. Single copies available at no charge.

---

**PARENT, IT'S UP TO YOU!: ORAL HEALTH MANUAL FOR PREGNANCY, EDUCATION, AND PARENTING PROGRAM**


This teaching guide is designed for use with adolescent parents enrolled in the Pregnancy, Education, and Parenting Program in schools in Texas. The guide covers the skills needed by the students to ensure their personal oral hygiene and that of their children. Each lesson plan includes background materials and instructions for teaching the class. Three lessons cover the mother's health during the prenatal and perinatal period and the oral health of infants and preschool-age children. The guide also includes resource materials, transparency masters, and the videotapes Looking to Keep Decay Away and Healthy Teeth: A Guide for Parents of Preschoolers. The videotapes are provided in English and Spanish.

**Contact:** Sandra Tesch, R.D.H., M.S.H.P., Bureau of Dental Health Services, Texas Department of Health, 1110 West 49th Street, Austin, TX 78756-3199. Telephone: (512) 458-7323; fax: (512) 458-7249; e-mail: stesch@dental.tdh.state.tx.us; Web site: http://www.tdh.state.tx.us. A available at no charge; written requests only.

---

**TATTLETOOTH II, A NEW GENERATION**


This set of curricula provides a basic comprehensive resource for educators to help foster parental involvement in oral health promotion for Texas children. The set includes units for use with preschool-age children (including those in Head Start), for prekindergarten, and for children in grades K–6 in child care settings. Each curriculum includes resources for the teacher and each unit is titled separately: Superbrush, Something to Smile About, M ises of Smiles, Healthy Texas Teeth, Your Teeth: Your Responsibility, Special Care for Special Smiles, Dental Problems and Solutions, and Personal Choices for Dental Health. The set contains an audiocassette with songs as well as the videotape Healthy Teeth: A Guide for Parents of Pre-Schoolers, in both English and Spanish language versions for use with parents.

**Contact:** Sandra Tesch, R.D.H., M.S.H.P., Bureau of Dental Health Services, Texas Department of Health, 1100 West 49th Street, Austin, TX 78756-3199. Telephone: (512) 458-7111; fax: (512) 458-7249; e-mail: stesch@dental.tdh.state.tx.us; Web site: http://www.tdh.state.tx.us. Available at no charge; written requests only.

---

**TOOTH TUTOR: AN ORAL HEALTH CURRICULUM FOR GRADUES K–6**


This curriculum, developed for use with children in grades K–6 in Washington State, presents an overview of the course, describes specific learning objectives, suggests ways to use the curriculum, and provides a...
The curriculum includes lesson plans for each grade level. Topics include oral health, dental hygiene, decay prevention, fluoride, dental sealants, nutrition and snacking, and smokeless tobacco.

**Contact:** Librarian, National Center for Education in Maternal and Child Health, 2000 15th Street, North, Suite 701, Arlington, VA 22201-2617. Telephone: (703) 524-7802; fax: (703) 524-9335; e-mail: info@ncemch.org; Web site: http://www.ncemch.org. A vailable for loan.

---

**PAMPHLETS, BROCHURES, ETC.**

**CIRCULAR BRUSHING**

Montana Department of Public Health and Human Services, Health Policy and Services Division, Family and Community Health Bureau. 1995. **Circular brushing.** Helena, MT: Family and Community Health Bureau, Montana Department of Public Health and Human Services. 2 pp.

This brochure suggests a technique for teaching young children the circular method of brushing their teeth. The brochure also makes recommendations regarding the selection and replacement of toothbrushes and the use of dental floss with children.

**Contact:** Mary Lou Abbott, Montana Department of Public Health and Human Services, 1400 Broadway, Helena, MT 59620-0901. Telephone: (406) 444-0276; fax: (406) 444-2606. Single copies available at no charge.

---

**DON’T WAIT UNTIL IT HURTS: GET DENTAL TREATMENT FOR YOUR CHILD**


This brochure emphasizes the benefits of keeping baby teeth healthy and discusses three benefits of seeking dental treatment for baby teeth: reduced incidence of pain and infection, fewer speech problems, and fewer cavities in permanent teeth. The brochure urges parents to help preserve their child’s smile by following four basic tips on oral health care for young children. The brochure was developed for use with Native American populations at the request of the Indian Health Service.

**Contact:** Candace Jones, Indian Health Service, Dental Field Support and Program Development Section, U.S. Department of Health and Human Services, 5300 H ome st road, N.E., A lbuquerque, N M 87110. Telephone: (505) 248-4175; fax: (505) 248-4181; e-mail: jonesc@smtp.ihs.gov. Single photocopies available at no charge.

---

**EASY TO READ DENTAL HEALTH EDUCATION PAMPHLETS**


This series of eight pamphlets presents dental health education and promotion information for the public. Geared toward a fifth or sixth grade reading level, the pamphlets have been client-tested and can be photocopied. Titles include: Fluoride Facts for Parents, Taking Care of Your Baby’s Teeth, Taking Care of Your Child’s Mouth, Dental Sealants Help Prevent Tooth Decay, Mouthguards: Don’t Play Without One, Keep Your Teeth For Life, Do You Have Dry Mouth? and Prevent Baby Bottle Tooth Decay. An order form and a statement of the Maine program goals for oral health are included.

**Contact:** Karen Vogt, Oral Health Program, Maine Department of Health Services, 11 State House Station, Augusta, ME 04333-0011. Telephone: (207) 287-2361; fax: (207) 287-4631; e-mail: karen.m.vogt@state.me.us. Samples free; $1.00 each for photocopy masters.

---

**HEALTHY SMILES, HEALTHY CHILDREN**


This brochure provides parents with an overview of the role of dental hygiene in ensuring their children’s oral health. Topics include information on primary and permanent teeth, plaque, gingivitis, decay, snacks, fluoride, sealants, dental care visits, and home hygiene.
Contact: William C. Maurer, D.D.S., M.P.H., Chief, Dental Health Bureau, Iowa Department of Public Health, Lucas State Office Building, Des Moines, IA 50319-0075. Telephone: (515) 281-4916; fax: (515) 242-6384; e-mail: wmaurer@idph.state.ia.us. Single copies available at no charge.

HEALTHY TEETH FOR HAPPY SMILES


This brochure provides parents with an overview of facts pertaining to the oral health of their infants and children. It includes information on the growth of primary or baby teeth, baby bottle tooth decay, the role of good nutrition, fluoride, sealants, teething, and ways to care for teeth at various stages as the child matures.

The brochure is adapted from an earlier publication, Healthy Teeth for Healthy Smiles, developed by the California Department of Health Services.

Contact: Publications and Forms C enter, W isconsin Department of Health and Family Services, P.O. Box 7850, 1 West W ilson Street, M adison, W I 53707-7850. Telephone: (608) 267-7172. Single copies available at no charge; 50 copies, $3.50; 100 copies, $5.40; 500 copies, $18.05; make checks payable to Document Sales.

I SIT UP, I USE A CUP

W ichita-Sedgwick County H ealth D epartment, D ental C linic. [1996]. I sit up, I use a cup. W ichita, KS: D ental C linic, W ichita-Sedgwick C ounty H ealth D epartment. 4 fact sheets.

This set of four fact sheets describes steps parents can take to provide their infants and toddlers with appropriate dental hygiene. W ith the border proclaiming the message "I sit up, I use a cup," each colorful fact sheet reinforces steps that relate directly or indirectly to prevention of baby bottle tooth decay. T he fact sheets present specific tips for ensuring good dental hygiene for tots; alternatives to putting a baby to bed with a bottle; a schedule of eruption for primary and permanent teeth; and tips on feeding, on teething, and on cleaning the teeth. T he last presents questions to test the parents' knowledge concerning baby bottle tooth decay and the importance of making the transition from bottle to cup at the appropriate age.

Contact: M ical T homas, D ental C linic, W ichita-Sedgwick C ounty H ealth D epartment, 1900 E ast N inth, W ichita, KS 67214. Telephone: (316) 268-8305; fax: (316) 268-8340. Single copies available at no charge.

LIFE CYCLE OF THE PRIMARY AND PERMANENT TEETH


This fact sheet provides information on the development of children's primary teeth (also called baby teeth or milk teeth) and their permanent teeth. It provides a brief discussion of the process and includes charts showing the progression of tooth development between the ages of 6 months and 11 years. T he information is based on the publication Growing Up Cavity Free A Parent's Guide to Prevention (1993) by Steven J. M oss.

Contact: Publications and Forms C enter, W isconsin Department of Health and Family Services, P.O. Box 7850, 1 West W ilson Street, M adison, W I 53707-7850. Telephone: (608) 267-7172. A vailable at no charge.

ORAL HEALTH EDUCATION PAMPHLETS


This set of camera-ready artwork for five health education pamphlets addresses nutrition and snacking, fluoride, pregnancy and oral health care, adolescent oral health care, and general adult oral health care. Illustrated with N ative A merican artwork, the brochures were developed for the Indian Health Service in A lbq uerque, N ew M exico, with initial distribution to Indian Health Service and tribal dental staff.

Contact: Bonnie Bruer, 2552 A rroyo Ridge Court, N.W., Salem, O R 97304. Telephone: (503) 363-6770. $50.00 per pamphlet for camera-ready, customized copy.
ORAL HEALTH FACT SHEETS


Using text with simple illustrations, these fact sheets cover 12 oral health topics. Titles include: Brushing Your Teeth; Flossing Your Teeth; Fluoride to Prevent Tooth Decay; Periodontal Disease; Baby Bottle Tooth Decay; Dental Health During Pregnancy; Dental Sealants; Oral Injury Prevention: Mouth Guards; Tobacco Facts; Oral Cancer; Quitting Spit Tobacco; and Caring for Your Dentures. The fact sheets are presented in English on one side and Spanish on the other.

Contact: Martha Jordan, Division of Family Health Services, Office of Oral Health, Arizona Department of Health Services, 1740 W. Adams, Room 10, Phoenix, AZ 85007. Telephone: (602) 542-1866; fax: (602) 542-2936; e-mail: mjordan@hs.state.az.us. Limited quantities available.

PROTECT YOUR CHILD'S SMILE: 1–4 YEAR OLDS—YOUNG CHILDREN NEED HEALTHY TEETH TO EAT, TALK, AND SMILE


This brochure discusses four basic ways in which parents can help ensure good oral health for their very young children: Brush their child's teeth daily, offer healthy snacks, take the child to the dentist by age 1, and ask about fluoride. The brochure was developed for use with Native American populations at the request of the Indian Health Service.

Contact: Candace Jones, Indian Health Service, Dental Field Support and Program Development Section, U.S. Department of Health and Human Services, 5300 H. omestead Road, N. E., Albuquerque, NM 87110. Telephone: (505) 248-4175; fax: (505) 248-4181; e-mail: jonesc@smtp.ihs.gov. Single photocopies available at no charge.

PROTECT YOUR CHILD'S TEETH! PUT YOUR BABY TO BED WITH LOVE, NOT A BOTTLE

Dental Health Foundation. 1988. Protect your child's teeth!: Put your baby to bed with love, not a bottle. San Rafael, CA: Dental Health Foundation. 2 pp.

This brochure, available in English, Spanish, Chinese, Vietnamese, Cambodian, Lao, and Thai, describes baby bottle tooth decay and explains how to protect a baby's teeth. The brochure was developed for clients with low literacy levels and was tested for cultural sensitivity. It has been evaluated (for reading level and understanding) among the target populations in clinics.

Contact: National Maternal and Child Health Clearinghouse, 2070 Chain Bridge Road, Suite 450, Vienna, VA 22182-2536. Telephone: (703) 356-1964; fax: (703) 821-2098; e-mail: nmchc@circsol.com; Website: http://www.circsol.com/mch. Available at no charge. NMCHC inv.code D038 (English), D039 (Lao), D040 (Cambodian), D042 (Vietnamese), D043 (Chinese), D044 (Spanish).

STOP TOOTH DECAY AMONG OUR NATIVE AMERICAN CHILDREN!


This flip chart shows parents how to use good oral hygiene to prevent dental caries in their infants and children. Accompanied by photographs of Native American parents and children, the messages highlight basic oral health concepts. The flip chart is divided into two sections. The first covers the oral health of infants ages 0–1; the second, children ages 2–5. Topics include prevention of baby bottle tooth decay, prevention of caries in children, the role of nutrition in oral health, and dental hygiene. The contents are also available as slides for use in presentations with larger groups. The flip chart was developed by the Indian Health Service, Head Start, and the Centers for Disease Control and Prevention.

Contact: Barbara Holcomb, 12830 S.W. Foothill Drive, Portland, OR 97225-5516. Telephone: (503) 644-1026. $16.75, book; $31.00, slides; plus shipping and handling; contact publisher for details. Order no. 0096, book; 0096S, slides.