



Head Start Oral Health Curricula: Choose and Use

Head Start Oral Health Curricula: Choose and Use is designed as a tool for Head Start staff and health professionals to identify curricula appropriate for their audiences and settings.

Curriculum Title	Users			Intended Audience (Recipients)				Topics Addressed										Availability	
	Early Head Start staff	Head Start staff	Health professionals	Pregnant women and children	Early Head Start and Head Start staff	Health professionals	Oral health basics	Tooth decay	Oral hygiene	Fluoride	Nutrition	Schedule of dental visits	Children with special health care needs	Risk assessment	Injury	Available online	Cost		
Bright Smiles, Bright Futures: Brushy Brushalotamus in Your Classroom—Teacher's Guide for Pre-K Programs (2012). https://www.colgate.com/content/dam/cp-sites/oral-care/oral-care-center/en_us/bsbf/teachers/Oral-Health-Education-Program-Teachers-Guide-For-Pre-K.pdf	✓	✓		✓				✓	✓	✓				✓			Free	✓	
Brush!® Curriculum (2012). http://brushdental.org/brush-curriculum .		✓	✓	✓				✓	✓	✓			✓	✓			Fee		
Cavity Free Kids Oral Health Education for Children Birth through Age Five and Their Families—Classroom Curriculum (2015). Train-the-trainer sessions available. www.cavityfreekids.org .	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓			Free		
Healthy Smiles for Young Children (2005). www.mchoralhealth.org/PDFs/27801.pdf .	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓		✓	Free		

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Help Me Smile: Oral Health Risk Assessment Protocols, Training Modules, and Educational Materials for Use with Families of Young Children (2006). http://www.mchoralhealth.org/materials/multiples/helpmesmile .	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	Free	✓
Open Wide: Oral Health Training for Health Professionals (2010). www.mchoralhealth.org/OpenWide/index.htm .	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓		✓		Free	✓
Opening the Mouth: Continuing MCH Education in Oral Health (2005). ccnmtl.columbia.edu/projects/otm/index.html .			✓				✓	✓	✓	✓	✓	✓				Free	✓
Oral Health for Maryland's Kids: A Head Start Teacher's Guide for Creating Healthy Smiles (2012). www.mchoralhealth.org/ohmdkids .		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓			✓		Free	✓
Oral Health Supplemental Curriculum Resource: Preschool Children 3 to 4 Years of Age (2005). www.mchoralhealth.org/Materials/Multiples/SC.html .		✓	✓	✓				✓	✓	✓		✓	✓	✓		Free	✓
Oral Health: Teacher Activities for the Early Childhood Classroom—Infants • Toddlers • Preschoolers (2012). www.scdhec.gov/sites/default/files/Library/ML-025192.pdf .	✓	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓		Free	✓
Promoting Children's Oral Health: A Curriculum for Health Professionals and Child Care Providers (2007). cchp.ucsf.edu/sites/cchp.ucsf.edu/files/oral%20health_11_v8.pdf .		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	Free	✓

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Smile Smarts Dental Health Curriculum (2005). www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum.	✓	✓	✓	✓				✓	✓	✓	✓	✓	✓				Free	✓
Teeth for Tots (2018). www.saavsus.com/store/teeth-for-tots-oral-health-resource-guide.	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓	✓	✓	Fee	
Teeth for Two (2018). www.saavsus.com/store/teeth-for-two-oral-health-resource-guide	✓	✓	✓		✓			✓	✓	✓		✓	✓		✓		Fee	
Toothfairy Island Teaching Curriculum (2013). www.toothfairyisland.com.		✓	✓	✓				✓	✓	✓		✓	✓	✓			Fee	
WIC Lesson Plans: A Teacher's Guide for Creating Healthy Smiles (2003). www.mchoralhealth.org/PDFs/WICLessonPlans.pdf.	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓			Free	✓

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