



Head Start Oral Health Curricula: Choose and Use

Head Start Oral Health Curricula: Choose and Use is designed as a tool for Head Start staff and health professionals to identify curricula appropriate for their audiences and settings.

Curriculum Title	Users			Intended Audience (Recipients)				Topics Addressed								Availability		
	Early Head Start staff	Head Start staff	Health professionals	Early Head Start and Head Start staff	Pregnant women and parents	Children	Health professionals	Oral health basics	Tooth decay	Oral hygiene	Fluoride	Nutrition	Schedule of dental visits	Injury	Risk assessment	Children with special health care needs	Available online	Cost
Bright Smiles, Bright Futures: Brushy Brushalotamus in Your Classroom—Teacher's Guide for Pre-K Programs (2012). http://www.colgate.com/CP15/en/us/oc/bright-smiles-bright-futures/program-materials/for-teachers/printables/Oral-Health-Education-Program-Teachers-Guide-For-Pre-K.pdf .	✓	✓	✓	✓				✓	✓	✓					✓		Free	✓
Brush!® Curriculum (2012). http://brushdental.org/brush-curriculum .	✓	✓	✓	✓				✓	✓	✓		✓	✓				Varies	
Cavity Free Kids Oral Health Education for Children Birth through Age Five and Their Families—Classroom Curriculum (2015). Full curriculum available in conjunction with train-the-trainer sessions only. Contact the Washington Dental Service Foundation at (800) 572-7835. ext. 7339 or http://www.cavityfreekids.org .	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓				Varies	
Healthy Smiles for Young Children (2005). Available for loan. Contact the National Maternal and Child Oral Health Resource Center at (202) 784-9771.	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓		✓		Loan	
Help Me Smile: Oral Health Risk Assessment Protocols, Training Modules, and Educational Materials for Use with Families of Young Children (2006). http://www.mchoralhealth.org/materials/multiples/helpmesmile .	✓	✓	✓		✓	✓		✓	✓	✓	✓	✓	✓	✓	✓		Free	✓
Open Wide: Oral Health Training for Health Professionals (2010). http://www.mchoralhealth.org/OpenWide/index.htm .	✓	✓	✓			✓	✓	✓	✓	✓	✓	✓	✓		✓		Free	✓

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Opening the Mouth: Continuing MCH Education in Oral Health (2005). http://ccnmtl.columbia.edu/projects/otm/index.html .			✓				✓	✓	✓	✓	✓	✓	✓			Free	✓
Oral Health for Maryland's Kids: A Head Start Teacher's Guide for Creating Healthy Smiles (2012). http://www.mchoralhealth.org/ohmdkids .		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓		Free	✓
Oral Health Supplemental Curriculum Resource (2005). http://www.mchoralhealth.org/Materials/Multiples/SC.html .		✓	✓	✓				✓	✓	✓		✓	✓	✓		Free	✓
Oral Health: Teacher Activities for the Early Childhood Classroom—Infants • Toddlers • Preschoolers (2012). https://www.scdhec.gov/library/ML-025192.pdf .	✓	✓	✓	✓				✓	✓	✓	✓	✓	✓	✓		Free	✓
Promoting Children's Oral Health: A Curriculum for Health Professionals and Child Care Providers (2007). http://www.ucsfchildcarehealth.org/pdfs/Curricula/oral%20health%2011%20v8.pdf .		✓	✓	✓	✓	✓	✓	✓		✓	✓	✓	✓	✓	✓	Free	✓
Smile Smarts Dental Health Curriculum (2005). http://www.mouthhealthykids.org/en/educators/smile-smarts-dental-health-curriculum .		✓	✓	✓				✓	✓	✓	✓	✓	✓			Free	✓
Tooth Tutor: A Simplified Oral Health Curriculum for Pre-K to Grade 12—Class Activities for Early Education (2011). http://here.doh.wa.gov/materials/tooth-tutor .		✓		✓	✓	✓		✓	✓	✓	✓	✓	✓	✓		Free	✓
Toothfairy Island Teaching Curriculum (2013). http://www.toothfairyisland.com .		✓	✓	✓				✓	✓	✓		✓	✓	✓		Varies	
WIC Lesson Plans: A Teacher's Guide for Creating Healthy Smiles (2003). http://www.mchoralhealth.org/PDFs/WICLessonPlans.pdf .	✓	✓	✓		✓			✓	✓	✓	✓	✓	✓	✓		Free	✓

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