



Head Start Oral Health Curricula: Choose and Use

Head Start Oral Health Curricula: Choose and Use is designed as a tool for Head Start staff and health professionals to identify curricula appropriate for their audiences and settings.

| Curriculum Title | Users | | | Intended Audience (Recipients) | | | | Topics Addressed | | | | | | | | Availability | | |
|--|------------------------|------------------|----------------------|--------------------------------|---------------------------------------|----------------------|--------------------|------------------|--------------|----------|-----------|---------------------------|---|-----------------|--------|------------------|------|---|
| | Early Head Start staff | Head Start staff | Health professionals | Pregnant women and children | Early Head Start and Head Start staff | Health professionals | Oral health basics | Tooth decay | Oral hygiene | Fluoride | Nutrition | Schedule of dental visits | Children with special health care needs | Risk assessment | Injury | Available online | Cost | |
| Bright Smiles, Bright Futures: Brushy Brushalotamus in Your Classroom—Teacher's Guide for Pre-K Programs (2012). https://www.colgate.com/content/dam/cp-sites/oral-care/oral-care-center/en_us/bsbf/teachers/Oral-Health-Education-Program-Teachers-Guide-For-Pre-K.pdf | ✓ | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | | | | ✓ | | | Free | ✓ |
| Brush!® Curriculum (2012). http://brushdental.org/brush-curriculum . | | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | | ✓ | ✓ | | | | Fee | |
| Cavity Free Kids Oral Health Education for Children Birth through Age Five and Their Families—Classroom Curriculum (2015). Train-the-trainer sessions available. www.cavityfreekids.org . | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | Free | |
| Help Me Smile: Oral Health Risk Assessment Protocols, Training Modules, and Educational Materials for Use with Families of Young Children (2006). https://www.mchoralhealth.org/materials/multiples/HelpMeSmile/ . | ✓ | ✓ | ✓ | | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | Free | ✓ |

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| Open Wide: Oral Health Training for Health Professionals (2010). www.mchoralhealth.org/OpenWide/index.htm . | ✓ | ✓ | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | | Free | ✓ |
| Opening the Mouth: Continuing MCH Education in Oral Health (2005). ccnmtl.columbia.edu/projects/otm/index.html . | | | ✓ | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | Free | ✓ |
| Oral Health for Maryland's Kids: A Head Start Teacher's Guide for Creating Healthy Smiles (2012). www.mchoralhealth.org/ohmdkids . | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | | | Free | ✓ |
| Oral Health Supplemental Curriculum Resource: Preschool Children 3 to 4 Years of Age (2005). www.mchoralhealth.org/Materials/Multiples/SC.html . | | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | Free | ✓ |
| Oral Health: Teacher Activities for the Early Childhood Classroom—Infants • Toddlers • Preschoolers (2012). www.scdhec.gov/sites/default/files/Library/ML-025192.pdf . | ✓ | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | Free | ✓ |
| Promoting Children's Oral Health: A Curriculum for Health Professionals and Child Care Providers (2007). cchp.ucsf.edu/sites/cchp.ucsf.edu/files/oral%20health_11_v8.pdf . | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Free | ✓ |
| Smile Smarts Dental Health Curriculum (2005). https://www.mouthhealthy.org/en/resources/lesson-plans/smile-smarts . | | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | | Free | ✓ |
| Teeth for Tots (2018). www.saavsus.com/store/teeth-for-tots-oral-health-resource-guide . | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | Fee | |

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| Teeth for Two (2018). www.saavsus.com/store/teeth-for-two-oral-health-resource-guide | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | | ✓ | ✓ | | ✓ | | Fee | |
| Toothfairy Island Teaching Curriculum (2013). www.toothfairyisland.com | | ✓ | ✓ | ✓ | | | | ✓ | ✓ | ✓ | | ✓ | ✓ | ✓ | | | Fee | |
| WIC Lesson Plans: A Teacher's Guide for Creating Healthy Smiles (2003). www.mchoralhealth.org/PDFs/WICLessonPlans.pdf | ✓ | ✓ | ✓ | | ✓ | | | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | ✓ | | | Free | ✓ |

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