



# Perinatal Oral Health Assessment

To be administered during the initial appointment

## ADVISE PREGNANT WOMEN ABOUT ORAL HEALTH CARE

1. Encourage daily oral hygiene, healthy foods and prenatal classes.
2. Recommend appointment of dental care.
3. Reassure that oral health care is safe. Including dental cleanings, x-rays, pain medication as necessary and local anesthesia.

## DENTAL INSURANCE

- MaineCare < 21 years old
- MaineCare > 21 years old
- Private Dental Insurance
- No Dental Insurance/Self-Pay

## ORAL HEALTH QUESTIONS

How long has it been since you visited the dentist?	<input type="checkbox"/> < 6 months	<input type="checkbox"/> > 6 months	
		<input type="checkbox"/> Do not know	
		<input type="checkbox"/> Never	
		<input type="checkbox"/> Refused	
Do you have pain in your mouth or problems with eating or chewing foods?	<input type="checkbox"/> No	<input type="checkbox"/> Occasional	<input type="checkbox"/> Constant
Do you have bleeding when brushing teeth?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Untreated tooth decay?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Swollen or bleeding gums, mucosal lesions or suspicious lesions?	<input type="checkbox"/> No	<input type="checkbox"/> Yes	
Sign of an infection (e.g. draining fistula)?	<input type="checkbox"/> No		<input type="checkbox"/> Yes
	<b>Routine Preventive Care</b> If all responses are checked, refer patient for next regular check up	<b>Early Dental Care</b> If one or more boxes checked, refer patient within several weeks	<b>Immediate Dental Care</b> If one box is checked, refer patient to dentist within 24 hours



HEALTHY TEETH

Photo credit: Beth McKinney from the Montgomery County Health Department in Maryland.



TOOTH EROSION\*\*



PERIODONTITIS\*



BENIGN PREGNANCY TUMOR\*



PREGNANCY GINGIVITIS\*



DENTAL CARIES\*\*\*

Photos courtesy of:  
\*American Family Physician  
\*\*Web MD  
\*\*\*The American Dental Association

## TOOTH DECAY/DENTAL CARIES

Demineralization and loss of substance of the hard tissues of the teeth, leading to continued destruction of enamel and dentin, and cavitation of the tooth.

### VISUAL INDICATORS OF CARIES INCLUDE:

- White spots on clean, dry, teeth
- Yellow tinge due to erosion of enamel and exposure of underlying dentin
- Black/brown areas, especially along pits and grooves
- Yellow/orange/tan/light brown appearance of roots

## VISUAL EXAMINATION



ABSCESS



GRANULOMA



PREGNANCY GINGIVITIS



DENTAL CARIES

Photo credit clockwise from top left: Jim Ellis DDS. Dunlap C, Barker BF, Whitt JC, UMKC School of Dentistry Guide to Common Oral Diseases, 7E 2010. Dunlap C, Barker BF, Whitt JC, UMKC School of Dentistry Guide to Common Oral Diseases, 7E 2010. Beth McKinney, Montgomery County Health Department, Maryland.

## DENTAL ABSCESS

Localized accumulation of purulent material in oral tissues, typically originating from a bacterial infection in the soft pulp of tooth. Abscesses can affect the root of the tooth or the gums.

### SIGNS INCLUDE:

- Severe, persistent, throbbing toothache
- Sensitivity to hot and cold temperatures
- Sensitivity when chewing or biting
- Fever
- Swelling of face or cheek
- Redness or swelling of gums
- Swelling of lymph nodes
- Bitter taste in mouth
- Foul smell
- Erythematous nodule on gums
- Open, draining lesion or sinus on gum